

WELCOME TO THE MIDLAND MASTERS ATHLETIC CLUB

NEWSLETTER No.287 – Summer 2026



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President Colin Palmer

Editor's Preamble

It has been a busy Spring and Summer is set to be even busier with both domestic and international events in the calendar. This newsletter has results from both the Throws Pentathlon, 1-mile and 10.000m and T&F championships. Personal views of the London Marathon and breaking a British record. The AGM minutes are included which also contain the MMAC accounts for 2025. There is also an obituary for George Phipps, one of MMAC's founding members and the first editor of the MMAC newsletter. Look out for Morris's photos of the T&F championships.



MMAC Throws Pentathlon, 1-mile, 10000m, 1-mile Walk, 10,000m Walk Championships Results

All these exciting events took place on 30 May 2026 at Horsepath stadium in Oxford. The weather was very hot and all the athletes and officials had to stay well hydrated as it was a long day of competition. Although the rugby tournament next door was using a rather noisy hooter at regular intervals no-one was put off and just concentrated on the athletics. The athletes were awesome and the officials congratulated for working all day in the serious heat and tight timetables.

MMAC Throws Pentathlon Championship Results 2026							
Age Group	Name	Points total	Medal	Age Group	Name	Points Total	Medal
W35	Aleksandra Majewska-Ani	1325	G	M40	Lee Thornton	2747	G
W40	Lucy Marshall	3100	G	M40	Stewart Cawson	2138	S
W40	Laura Allen	1271	S	M40	Sam Cater	2084	B
W50	Caroline McGee	2212	G	M45	John Bowden	1575	G
W55	Ann Virgo	2280	G	M55	Vito Ricci	2277	G
W55	Sharon Hutchings	2203	S	M60	John Pearson	3486	G
W60	Ruth Bird	3069	G	M65	Kevin Murch	3650	G
W65	Deborah Murch	3315	G	M70	Rob Cawson	2328	G
W65	Jill Lamb	1421	S	M80	David Kuester	1941	G
W70	Pat Higgins	2475	G				

MMAC 1-Mile Championship Results 2026							
Age Group	Name	Time	Medal	Age Group	Name	Time	Medal
W35	Sabrina Thomas	5.55:88	G	M45	Gavin McCaugherty	4.50:85	G
W35	Sara Ellen	6.16:68	S	M50	Charli Pearce	6.18:58	G
W50	Lucie Tait-Harris	5.45:70	G	M55	Darrell Wilde	5.06:00	G
W50	Lynne Callghan	5.48:61	S	M55	Barry Gardener	5.13:21	S
				M75	David Oxland	5.59:34	G

MMAC 10,000m Championship Results 2026							
Age Group	Name	Time	Medal	Age Group	Name	Time	Medal
W35	Sara Ellen	49.57:63	G	M50	Dan Robinson	37.02:56	G
W50	Emma Hollinshead	57.24:30	G	M50	Matt Long	53.25:91	S
				M55	Calvin Scoltock	42.25:02	G
				M60	Christopher Hollinshead	39.15:62	G
				M65	Gary Thompson	49.13:33	G

				M75	David Jones	58.41:81	G
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MMAC 10,000m Walk Championship Results 2026							
Age Group	Name	Time	Medal	Age Group	Name	Time	Medal
W35	Aleksandra Majewska-Ani	1.08.23:25	G	M65	Hardeep Minhas	1.10.36:33	G
				M75	Peter Bosko	1.09.00:26	G

MMAC 1-mile Walk Championships 2026			
Age Group	Name	Time	Medal
W35	Aleksandra Majewska-Ani	8.54:67	G



New British mile record at Horsepath by David Oxland



David Oxland moved up to the M75 age group in late May when he also completed twenty years of membership of MMAC. He soon celebrated these milestones at the BMAF/ MMAC 1 Mile track championships, held at the Horspath Stadium in Oxford on 30th May, by comfortably winning the men's over 70s race in a time of 5 minutes 59.34 seconds and slicing approximately 12 seconds off the existing M75 British Record.

David said ". It was hot, even at 10 in the morning, and my race lacked anyone who was able to run with me at a record-breaking pace, even in the early stages of the race. The challenge I had set myself, namely of being the first British man over 75 to break the 6-minute 1 Mile barrier, was very demanding and it was touch and go whether I would achieve this, especially on the last lap when I was paying the price from having run the first 800m in 2:52."

David has entered three races at the MMAC championships but he thinks that he may run in just one of these in order to target another of the M75 middle distance British Records, which he says are all very demanding.

London Marathon experience by Simon Griffiths

After fifteen years of applying for a London Marathon place, I couldn't believe my luck that I finally got a place this year through the Midland Masters ballot.

My last marathon was 9 years ago, where I was slightly younger and more fitter, so wasn't aiming too high for a pb.

My training had plenty of highs and lows and challenging weather conditions along the way.

Running the London marathon was a fantastic experience and something that I have never experienced in any other marathon. Fantastic support and very overwhelming in places but at miles 21 onwards it gets tough, the support from spectators definitely helps you over the finishing line.

Surprisingly, I finished the marathon in 3hr:23:13 with a new pb and twelve minutes off my last marathon time, 9 years ago. All I can say is that age is just a number.

I would like to thank Midland Masters for giving me this opportunity to run the 2026 London marathon, enabling me to raise some money for Diabetes UK which is a charity close to my heart.



MMAC Track & Field Championships 14 May 2026

A warm but windy day welcomed everyone to the Track and Field championships at the Pingles stadium in Nuneaton on 14 June 2026. It was a busy day with 225 athletes who had entered 492 events. As well as the many medals awarded to the best athletes several MMAC records were broken and at least one British record was also beaten. Officials were given new MMAC polo shirts as thanks for their service, they looked very smart. The newly established Eric Horwell trophy in the walk Handicap was won by Jan McClure. The Handicap was established with a donation left to MMAC in Eric's will. Thank you, Wendy Kane, for all the organising.



Thanks go to Irene Nicholls for doing the handicapping to allow the race to take part and Wendy Kane and Carolyn for designing the race format.

MMAC ERIC HORWILL MEMORIAL 2K TRACK WALK HANDICAP RACE								
Held within the MMAC T&F Championships on Sunday 14 June 2026								
		Age	2K Best	H/Cap	Race		Handicap	
					Posn	Time	Time	Posn
Jan	Mclure	W50	13.30	0.751	8	12.41	9.320	1
Caroline	Derbyshire	W45	11.00	0.900	1	10.52	9.468	2
Ashley	Wright	M35	12.00	0.833	3	11.52	9.596	3
Helen	Watson	W50	12.30	0.813	7	12.25	9.959	4
Peter	Boszko	M75	12.15	0.823	5	12.11	9.967	5
Diane	Brian	W70	12.00	0.833	4	12.05	10.038	6
Neil	Jaggard	M65	13.40	0.744	10	13.54	10.074	7
Margaret	Barker	W75	15.30	0.653	11	15.59	10.180	8
Hardeep	Minhas	M65	12.22	0.818	9	12.45	10.184	9
Wendy	Kane	W55	11.57	0.864	6	12.11	10.463	10
Aleksandra	Majewska	W35	10.10	0.990	2	11.08	10.969	11



These photos and the President's ones were taken by Morris Fox when he wasn't breaking the M60 Shot record. There are many more photos of the T&F champs on

[Facebook.com/Mofphoto](https://www.facebook.com/Mofphoto)

where you can buy them.

Club records achieved at the T&F championships

There were a lot of MMAC records surpassed at this year's T&F championships and at least one British record for David Oxland in the 800m where he shaved 1.37secs off the thirty-year-old record. At least three people broke 2 MMAC records: Georgina Smith, Joanne Willoughby and Iris Holder. Mike Herring broke 3 records in the M85 age group. Well done on your achievements.

MMAC T&F RECORD UPDATE 2026									
Event	Age Group			New	Event	Age Group			New
100m	W75	Georgina	Smith	17.20	2000m Walk	W45	Caroline	Derbyshire	10m52.26
	W85	Iris	Holder (G)	22.39		W70	Diane	Brian	12m05.47
	M85	Michael	Herring	27.94		W75	Margaret	Barker	15m58.72
	M90	Tony	Bowman	21.17		M35	Ashley	Wright	11m52.43
200m	W75	Georgina	Smith	35.95		M65	Hardeep	Mihas	12m45.02
400m	M70	Ian	Broadhurst (G)	66.29	Long Jump	W35	Amy	Pinkney	4.23
	M80	Phil	Brennan	1m54.6		W60	Joanne	Willoughby	4.36
800m	W75	Nancy	Hitchmough	3m29.66	Triple Jump	W60	Joanne	Willoughby	9.40
	M75	David	Oxland	2m44.45		W85	Iris	Holder (G)	4.91
3000m	W50	Lynne	Callagan	11m16.25		M35	Matthew	Madden	12.47
	M45	Daniel	Nugent	9m15.87	Hammer	W40	Lucy	Marshall	52.26
	M60	Christopher	Hollingshead	10m19.08		W70	Pat	Higgins	24.21
	M65	Gary	Payne	11m25.52		M60	John	Pearson	60.07
	M80	Phil	Brennan	17m30.13	Discus Th	M75	Bunt	Scott	26.56
80mH	W50	Keri	Lees	13.24	Pole Vault	M35	Simon	Gower	3.52
100mH	M65	Iain	Moody	17.07		M85	Michael	Herring	1.20
300mH	M70	Ian	Broadhurst	51.17	Shot Putt	M60	Morris	Fox	13.91
High Jump	M60	Steven	Linsell (G)	=1.55		M85	Michael	Herring	5.79
						M90	Tony	Bowman	4.92

President's Handover



After being confirmed at the MMAC AGM in April as our new President, Colin Palmer was presented with the chain of office by a former President Paula Williams at the T&F champs. The retiring President, Jane Pidgeon, was on a well-deserved holiday. Thank you Jane for all your hard work not just in your presidential year but over many years as an official, athlete and committee member and all your future athletic endeavours too. We wish Colin a successful and happy year as president and expect that he will be at many competitions in the future as President, official and competitor, possibly combining all three on the same day.

Our Torun 2026 experience by Graham Lamb

Jill and I travelled to Torun for the European indoors championships. I had turned 70 in January and had entered the 800, 1500 and 6k Cross country. Typically, when I got there, I had picked up a leg injury and wasn't very hopeful. A visit to the British Physios worked wonders as I was able to run in the 800, running faster than in Madeira. I had entered the cross-country in the hope that being in a team with fast runners may result in a medal. I enjoyed the tough course but I was the top GB U70 and my team were 4th. Luckily, they scrapped the 1500 heats later that day and I made the 1500 final. I was near the back and came round for what I believed was the last lap for the bell but didn't get one. So, I ran an extra lap, then appealed and they agreed it was a mistake and they sorted out my time. Jill was in the Hammer and Discus outdoors and Shot then indoors where there a great atmosphere following on from British successes in the recent World Indoors

MMAC AGM Minutes

MIDLAND MASTERS ATHLETIC CLUB

54th ANNUAL GENERAL MEETING

(VIRTUAL MEETING) HELD ON 21st April 2026

PRESENT: Graham Lamb (Chair), Jill Lamb, Martin Wilkinson, Irene Nicholls, Wendy Kane, Sue Kneill-Boxley, Diane Brian, John Bowden, Chris Mason, Paula Williams, Kelly Butler, Penny Barber, Matt Long

APOLOGIES: Mick Smedley, Marcia Smedley, Rita Brownlie, Jane Pidgeon, Carolyn Derbyshire, Alan Webb, Arthur Daley

WELCOME: Graham welcomed everyone to the 54th AGM.

MINUTES: The minutes of the 53rd Annual General Meeting were approved by the meeting

MATTERS ARISING: No matters arising

CHAIRMAN'S REPORT

MMAC Chairmans Report 2026

Firstly, I want to thank you for attending the AGM today. This has been another successful year for Midland Masters.

Again, our first event after the AGM was the MMAC Championships at Nunation. In overcast conditions it was another successful event with a lot of positive responses and many good performances. Huge thanks to Wendy Kane for organizing the event and managing the event of the day. Thanks to Irene Nicholls, Martin Wilkinson, Jill Lamb and to all the other members of the committee who helped make this a successful event.

The championships saw the handover of the presidency chain of office from Paula Williams to Jane Pidgeon. Jane has been a tremendous supporter of MMAC events, competing in the Inter Areas, competing successfully internationally and a key official locally and internationally.

Later in the year we asked Colin Palmer to be our President Elect another great supporter of MMAC events as a competitor and as an official, a role he has also performed in ours and other major championships.

The championships were followed by the Inter Areas match at York with Paula Williams and Janelle Quinn taking on the mantle from Elaine Mee. John Bowden running the men's team. Not surprisingly in the North we were 2nd 37 points behind in the Men's, however the women won again by 13 points and we were 2nd to Northern Masters.

Paul Fearon stepped up to do a good job leading the MMAC team in the vet matches and they had a good season, it was a more difficult year with Wolverhampton and Bilston entering the league, so MMAC was no longer able to call on those athletes. As part of our support for development of officials, we continued the suggestion from Wendy Kane that we incentivize clubs hosting vets league matches to get youngsters officiating. We then gave the host clubs that did this a small payment.

Kelly Butler took on the Road Race and Cross-Country secretary role and arranged several events later in 2025 for our members to take part in various road races.

October saw the selection race for the England team for the cross country international, which was held at Betley and several of our members got selected for the international cross-country race in Leeds. Mick Smedley was for the final time the MMAC selector at the event championing our athletes in the selection discussions, Mick has been fulfilling the role for many years and we thank him for his efforts.

October also saw the Presidents 5K walk, that Wendy Kane had started and we had some new walkers in the event. This was shortly after the death of Eric Horwill, who was a life member for his contribution to MMAC and specially the walks community.

November saw the cross-country relays at Long Eaton and there was a good turnout of Midlands teams with

MMAC Members, we saw some very good racing. Big thanks to Rob Fox and Dicky Wilkinson for all their efforts with this event, which they ran for the last time. It is a sad loss in the event program. Kelly Butler looked after the medal presentations.

December saw the MMAC 10-mile road race at Sneyd the MMAC 5-mile Wolves Turkey Trot. The MMAC Championship events organized by Kelly Butler.

January we again held our cross-country championships inside the Midlands event. A lot of our members were running for their clubs; it was a good turn out and a lot of competition in the age groups. We were again able to run the M65+ in the 8K Ladies race. We were able to award the medals shortly after the race. We again had two spot prizes, in memory of Adrian Lloyd who had loved cross country.

In Cardiff we held a MMAC 3K and Pentathlon championships inside the Indoors BMAF event, thanks to Wendy Kane for organizing.

February had the Colin Simpson Handicap and thanks to Irene Nichols for sorting out the handicapping and Martin Wilkinson for helping. Margaret Simpson was there to present the awards. Which I managed to win this year.

We also had the indoors inter areas. Which was sadly taking place a month after the death of Elaine Mee. As a tribute to Elaine who had managed the team for over 10 years, all the team wore a ribbon for Elaine. It was a close match for the Ladies, led by Paula Willimas and Janelle Quinn who just took the win by 3 points. John Bowden managed the men's team again; they also had a close match taking second to Southern vets' points by 17.5 points. Great results for this match down in London.

During the year Martin has done his normal excellent job as treasurer and has also continued the club shop to make it easier to buy kit. Wendy besides managing our MMAC championships has once again also been doing a great job running other BMAF events that our members can enter.

Rita, Jill, Carolyn, Sue, Mick and Marcia who have all been supporting MMAC in their roles.

Jane as our President has been active in officiating in many of our events and helping with the awards presentations as out events.

Chris Mason has agreed to take over from Mick Smedley as the MMAC Cross country selector and Matt Long has taken over as team manager for the MMAC vets league team, after Paul Fearon stepped down.

We would welcome other people coming forward as several people have multiple roles and in areas like Membership secretary and treasurer, we do want to find people who would be willing to take on the roles in future years and could start to get involved now as an assistant.

Thanks again to all the committee and to our members.

TREASURER'S REPORT to AGM:

Annual Accounts

Year Ended 31 December 2025

The Committee's aim with the finances for the year was to continue reducing the Club's funds to a level sufficient to cover identified risks and normal cash flow fluctuations. In line with this approach, the Club recorded a deficit of £935. This represents a significant improvement on the previous year's deficit of £4,610 and reflects tighter control of expenditure alongside stable income.

Despite the deficit, overall funds remain at a healthy level. This is partly due to an increase in membership subscriptions for 2026, as agreed at the last AGM and recorded as income received in advance rather than within this year's income.

There were modest increases in income during the year for membership, championship activity and the Club shop sales. Expenditure reduced significantly compared with 2024, particularly in competitor support and event costs. Our Track & Field Championship generated a record surplus, and championships overall made a positive contribution to the Club's finances.

The Club shop continues to be popular with members. We have continued our policy of offering kit at discounted prices and explored options with a new supplier. The Club has continued to provide financial support to members

competing internationally and at agreed Inter-Area events. We have encouraged new young officials to support the delivery of our championships.

Donations during the year included a £200 legacy from Eric Horwell, former President and Life Member. The Committee intends to use this legacy to support and promote race walking within the Club.

We have been advised that BMAF intends to raise affiliation fees by 66.7% in 2026. With this news, and other inflationary pressures, the Committee will be recommending an increase in subscriptions to ensure the Club remains financially sustainable.

I would like to thank the Committee, officials and volunteers for their continued support and contribution over the past year

Martin Wilkinson

Hon. Treasurer

	2025	2024
INCOME	£	£
MMAC Membership	9,262	9,776
Less transaction fees ¹	(752)	(762)
Championships	4,256	3,770
Club shop	833	685
Less transaction fees	(41)	(32)
Donations ²	398	219
Bank Interest	99	7
Total income	14,055	13,663

	2025	2024
EXPENDITURE	£	£
CLUB AFFILIATION (England Athletics, BMAF, EAMA)	4,170	4,322
CHAMPIONSHIPS AND OTHER EVENTS		
Competitor support ³	3,358	5,467
Officials	1,959	2,000
Venues & Facilities	1,661	1,855
Medals & Awards	1,373	1,919
Inter-Area & Mid Vets TF League	760	600
OFFICE COSTS		
Postal Newsletter	353	366
Office Supplies & Postage	192	244
Insurance	89	75
Website & Zoom	175	175
Bank charges	44	0
MISCELLANEOUS		
Club shop	706	1,016
Committee	150	234
Total Expenditure	14,990	£18,273
Surplus (Deficit)	(935)	(4,610)

¹ Stripe / SumUp

² Includes £200 legacy from Mr. Eric Horwell.

³ Competitor support for MMAC members competing in approved events. ³ Stock @ 31 December 2025

	2025	2024
Assets		
Cash at bank	19,513	18,003
Presidents Chain	3,364	3,364
Medals Stock ⁴	282	1,386
Club Kit Stock ⁴	916	656
Total	24,075	23,409
Payments received in advance		
Membership subscriptions received in advance (2026)	3,366	2,714
Less transaction fees ¹	(280)	(206)
Total	3,086	2,508

MMAC CHAMPIONSHIPS

The table shows the net profit (loss) for each event. Events with no income or expenditure have been excluded.

	2025	2024
MMAC CHAMPIONSHIPS	£	£
Cross Country Mallory Park	(18)	0
Colin Simpson Handicap	(43)	(49)
Pentathlon	(250)	0
Track & Field Nuneaton	740	619
Total	429	570

It was agreed to increase subs for 2027 to £20 for 2nd claim members and £20 plus EA subs for 1st claim members.

Martin thanked Penny Barber for all her help with the accounts.

SECRETARY'S REPORT:

There was sad news of two lovely members Elaine Mee and Eric Horwell who had had passed away during the year.

The EA standards have now all been met with No.7 completed recently so we were able to register the club with EA. The standards will need to be reviewed to keep them up to date. There were three members in the ballot for our London Marathon place and Simon Griffiths came out as the winner. Various BMAF meetings were attended and although things are still complicated the Council is taking action to try and recombine the two sections and appoint people to the Executive. Scott Milne is now the Support Manager for the E&W Midlands and made us aware of a Club Improvement grant that clubs can apply for, up to £500.

ELECTION OF PRESIDENT

President Elect Colin Palmer was confirmed as the next President

ELECTION OF OFFICERS:

The following people were elected

2026/2027MMAC COMMITTEE

President: Colin Palmer
President elect: - to be agreed
Chair: Graham Lamb
Vice Chairman: Rita Brownlie
Secretary: Jill Lamb
Membership Secretary: Graham Lamb
Treasurer: Martin Wilkinson
Minutes Sec: Jill Lamb
Walking Secretary: Carolyn Derbyshire
Handicapper: Irene Nicholls
T&F Secretary: Wendy Kane
Asst. T&F Secretary: Vacant
Road & CC Secretary: Kelly Butler
Officials Secretary: Wendy Kane
Media website: Sue Kneill Boxley
Records Co-ordinator: Irene Nicholls
Committee Members: Irene Nicholls, Marcia Smedley, Mick Smedley
Newsletter Editor: Jill Lamb
Asst. Editor: Vacant

Delegates:

MCAA: Rita Brownlie
EMAA: Irene Nicholls, Graham Lamb
BMAF: Graham Lamb

Team/Managers:

CC International: Chris Mason
Inter-area T&F: John Bowden, Paula Williams and Janelle Quinn
MVT&FL: Matt Long
Welfare Officers: Jill Lamb, Martin Wilkinson

Fixtures for 2026/2027

International and National see

[Fixtures - BMAF - British Masters Athletic Federation](#)

[Fixtures & Events - Masters Athletics UK](#)

MMAC fixtures

Track & Field Championships	14 June, Nuneaton
Inter Areas	2 August, Yate
International X country Selection Race	26 September, Betley
International Cross Country	14 November, Dublin
BMAF Track and field Championships	11-13 September, Derby

AOB

It was agreed that the BMAF throws Pent and 10,000k at Horspath would include the MMAC championships for these events. Switch radio may attend the T&F champs in June.

Date for next AGM

Tues 20 April 2027 at 7.30pm (TBC)

Obituary George Phipps



George Phipps was one of the four founding members of MMAC and lived to celebrate his 100th birthday in April this year. George was the first Chairman of MVAC (name changed later to MMAC) from 1971 - 1985. He organised and promoted many of the early track events and produced the first newsletters. He was also chairman of BVAf (later BMAF) for 5 years.

From Irene Nicholls

"Sad news, but what a good innings.

A great character and founding influence of the Vets movement both here and abroad.

He was a mathematician and it was he that suggested our adoption of the infinitely sign to indicate ageless competition.

George was a great adversary of Edgar's and he introduced me to athletic administration and the BMAF - 50 years ago!!!

He and his wife more or less ran MVAC single handed at the beginning and were a hard act to follow."

Extract from MMAC 50th Anniversary Newsletter

"George Phipps George was an inaugural member of MVAC, as it was then, being allocated number 25 according to his position in the 10k Road race held at Halesowen 17th October 1971 where a group of 'older' men over 40 gathered for the formation of the Club. George was the first Chairman of MVAC from 1971 - 1985. The second race, a cross country, followed a month later at the Edmondscote Running Track, Leamington, organised by George at his home venue. This became a regular meeting place for many of the early events, track, road and cross country, all promoted and organised by George including entries, results, medal engraving etc and with his wife Margaret also providing the refreshments. One of his early initiatives was to compile a statistical list of Club members achievements. He also wrote and distributed the first Newsletters. George was a successful competitor. In addition to his promotional work and as Chair of the Committee he set a high standard for aspirational over 40-year-old athletes to follow. The archived early Newsletters on the website provide fascinating reading and follow the rapid expansion of the Club and individual performances in greater detail. The Club became more involved with Inter Area Veteran Club and National events and in 1975 joined the newly constituted BVAf. George represented MVAC on that Committee, eventually becoming Chair in 1976 and serving in that capacity for 5 years. The contribution that George made to MVAC and the development of BVAf as a World-wide organisation was extraordinary. George and Margaret attended a Presidents' Lunch in 2019. The well-remembered twinkle in the eye was still evident and it was great to see our first Honorary Member looking so well"

Fixtures

Date	Event	Entry
9 Aug 2026	British Masters Marathon Championships Ballacloan Stadium, Ramsey, Isle of Man	Via Open Track by 31 July
22 Aug - 03 Sept 2026	World Masters Athletics Stadia (Track & Field) Championships, Daegu, S. Korea	Entries closed 23 June
11-13 Sept 2026	British Masters Track & Field Championships Moorways Derby	Advanced notice
20 Sept 2026	Masters British Masters Half Marathon Dumfries	Via Open Track By 19 Sept
26 Sept 2026	EMAA XC Trial and Selection Race for BIMCCI 2026 Betley, near Crewe	Via Open Track
24 Oct 2026	British Masters Cross Country Relay Championships Oxford	Advance Notice
14 Nov 2026	British & Irish Masters Cross Country International 2026 Dublin	By selection
29 Nov 2026	British Masters 5k Road Championships Battersea, London	Advance notice

For more details see: [Competitions - BMAF - British Masters Athletic Federation](#)

CLUB SHOP NEWS

****New vests – can you spot the difference?****

We're gradually winding down our current club shop stock. If your size isn't available, club vests can still be purchased through Sutton Runner (Suttonrunner.com)

Our remaining club shop vests and jackets are available at significantly reduced prices while stocks last.

Looking ahead, we're working with TAG Sports on a new online club shop. More details will follow soon. We have already ordered a batch of new vests, which are currently being tested. The new design features a subtle update to the club colours and an improved performance fabric.

The updated range will include women's crop tops, and there is the potential to expand the kit offering further.

Before launch, we need to register the new designs with England Athletics and finalise the arrangements for the new club shop.

Watch this space for further updates!



Acknowledgements

Thanks to all the people who supplied articles for the newsletter.

Thanks also to the photographers; Morris Fox [<https://www.facebook.com/Mofphoto>], Paula Williams, Martin Wilkinson, David Oxland, Simon Griffiths, Graham Lamb

Contact Details

Editor – Jill Lamb – jillchlamb@aol.com

MMAC website - [Midland Masters Athletic Club | Official MMAC Website](#)

Chairman – Graham Lamb – grahamlamb@gmail.com