

England Athletics Masters Inter Area Outdoor Challenge
Tudor Grange Leisure Centre, Solihull on Sunday 8th July 2018

Women		
Pos	Region	Points
1	MMAC	302
2	SCVAC	244
3	WMAA	225
4	NMAC	141
5	SWVAC	126
6	EMAC	124
7	VAC	95
8	NEMAA	28

After 42 events scored

Men		
Pos	Region	Points
1	MMAC	335
2	SCVAC	271
3	WMAA	251
4	EMAC	242
5	SWVAC	186
6	NMAC	178
7	VAC	127
8	NEMAA	38

After 52 events scored

W35 100m				
Pos	Bib	Name	Club	Perf
1	73	Joanne Frost (W40)	WMAA	12.89
2	23	Karen Gomes	MMAC	13.44
3	13	Claire Smith (W40)	EMAC	13.53
4	33	Sharon Dooley (W45)	SCVAC	14.70
5	43	Lisa Carpenter (W45)	SWVAC	16.24

W50 100m				
Pos	Bib	Name	Club	Perf
1	75	Juliet Sidney	WMAA	13.84
2	25	Fiona Palmer	MMAC	14.81
3	35	Michele Wakefield	SCVAC	14.97
4	85	Julie Hicken (W55)	NMAC	15.90
5	15	Christine Salvary (W60)	EMAC	16.98

W60 100m				
Pos	Bib	Name	Club	Perf
1	46	Caroline Powell	SWVAC	14.16
2	16	Carole Filer	EMAC	14.88
3	36	Joan Trimble	SCVAC	15.12
4	86	Ilse Hemming	NMAC	15.47
5	26	Sally Hine (W65)	MMAC	16.27
6	76	Rosalind Townsend-Hope	WMAA	17.61

W70 100m				
Pos	Bib	Name	Club	Perf
1	27	Angela Copson	MMAC	18.54
2	77	Patricia Oakes	WMAA	19.93
3	37	Rose Webb	SCVAC	21.45

W35 200m				
Pos	Bib	Name	Club	Perf
1	23	Ellena Ruddock (W40)	MMAC	26.63
2	13	Claire Smith (W40)	EMAC	27.52
3	73	Sharon Samuel (W50)	WMAA	29.25
4	33	Sharon Dooley (W45)	SCVAC	30.66
5	83	Alina Stepanchuk	NMAC	31.35
6	43	Lisa Carpenter (W45)	SWVAC	33.94

W50 200m				
Pos	Bib	Name	Club	Perf
1	45	Janet Dickinson	SWVAC	28.39
2	75	Juliet Sidney	WMAA	29.12
3	55	Lisa Thomas	VAC	29.99
4	85	Wendy Laing (W55)	NMAC	30.07
5	25	Susan Frisby (W55)	MMAC	31.02
6	35	Michele Wakefield	SCVAC	32.71
7	15	Christine Salvary (W60)	EMAC	36.22

W60 200m				
Pos	Bib	Name	Club	Perf
1	46	Caroline Powell	SWVAC	29.47
2	36	Helen Godsell	SCVAC	30.16
3	16	Edith Caux	EMAC	31.06
4	86	Ilse Hemming	NMAC	34.01
5	26	Sally Hine (W65)	MMAC	35.55
6	56	Anna Garnier	VAC	36.13
7	76	Rosalind Townsend-Hope	WMAA	36.55

M35 100m				
Pos	Bib	Name	Club	Perf
1	23	Dominic Bradley (M40)	MMAC	10.97
2	33	Joshua Wood (M40)	SCVAC	11.50
3	13	Panos Ioannou	EMAC	11.84
4	43	Stephen Jarvis (M40)	SWVAC	11.87
5	83	Stephen Thorpe (M40)	NMAC	12.14
6	73	Stuart Pearce (M40)	WMAA	12.25
7	53	Nick Lauder (M45)	VAC	13.21

M50 100m				
Pos	Bib	Name	Club	Perf
1	75	Chris Millard	WMAA	12.24
2	25	Anthony Leigh	MMAC	12.37
3	85	John Wright (M55)	NMAC	12.43
4	15	Ricardo Huskisson (M55)	EMAC	12.56
5	35	Wole Odele	SCVAC	13.01
6	45	Paul Guest (M55)	SWVAC	14.01
7	55	Pat Logan (M55)	VAC	16.09

M60 100m				
Pos	Bib	Name	Club	Perf
1	86	Steve Peters (M65)	NMAC	12.48
2	36	Tom Phillips	SCVAC	13.08
3	76	Ian Broadhurst	WMAA	13.17
4	26	Christopher Monk (M65)	MMAC	13.57
5	16	Ivars Licietis	EMAC	13.83
6	46	Trevor Downward	SWVAC	14.01
7	56	Alan Perry (M65)	VAC	15.04

M70 100m				
Pos	Bib	Name	Club	Perf
1	77	Glyn Sutton	WMAA	13.48
2	37	Victor Novell	SCVAC	14.25
3	57	Allan Long (M75)	VAC	14.54
4	47	Michael Dugan (M75)	SWVAC	14.57
5	27	David Cowley	MMAC	15.23
6	17	John Garber (M75)	EMAC	17.52
7	87	Barry Chapman	NMAC	17.58

M35 200m				
Pos	Bib	Name	Club	Perf
1	23	Dominic Bradley (M40)	MMAC	22.54
2	33	Adam Bellis (M40)	SCVAC	23.18
3	83	Andrew Parker (M40)	NMAC	23.76
4	13	Panos Ioannou	EMAC	24.25
5	43	Stephen Jarvis (M40)	SWVAC	24.44
6	73	Stuart Pearce (M40)	WMAA	25.43
7	53	Rory Macfarlane	VAC	26.44

M50 200m				
Pos	Bib	Name	Club	Perf
1	75	Chris Millard	WMAA	24.82
2	85	John Wright (M55)	NMAC	24.96
3	45	Neil Tunstall (M55)	SWVAC	25.04
4	15	Ricardo Huskisson (M55)	EMAC	25.80
5	35	Wole Odele	SCVAC	26.34
6	25	John Statham (M55)	MMAC	26.88
7	55	Pat Logan (M55)	VAC	35.79

W35 400m					M60 200m					w/s 0.8	
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf	CBP	
1	13	Claire Smith (W40)	EMAC	62.59	1	86	Steve Peters (M65)	NMAC	25.14		
2	23	Natalie Bratt	MMAC	64.49	2	76	Ian Broadhurst	WMAA	26.49		
3	73	Victoria Watkins	WMAA	66.32	3	36	Tom Phillips	SCVAC	27.86		
4	33	Sharon Dooley (W45)	SCVAC	69.59	4	16	Les Percival	EMAC	28.72		
5	83	Helen Smith (W45)	NMAC	80.29	5	46	Trevor Downward	SWVAC	29.15		
					6	26	David Oxland (M65)	MMAC	32.16		
W50 400m					M70 200m					w/s 3.3	
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf		
1	55	Lisa Thomas	VAC	64.96	1	77	Glyn Sutton	WMAA	29.1		
2	45	Janice Ellacott (W55)	SWVAC	69.06	2	57	Allan Long (M75)	VAC	30.7		
3	75	Louise Kirby	WMAA	69.09	3	37	Alan Forse	SCVAC	30.7		
4	35	Mary Brown (W55)	SCVAC	69.97	4	27	John Steel	MMAC	31.4		
5	25	Fiona Palmer	MMAC	70.38	5	17	John Garber (M75)	EMAC	38.1		
6	15	Christine Anthony (W55)	EMAC	72.09	6	87	Barry Chapman	NMAC	42.0		
7	85	Julie Hicken (W55)	NMAC	75.89	7	67	George Routledge	NEMAA	50.7		
W60 400m					M35 400m						
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf		
1	46	Caroline Powell	SWVAC	67.05	1	43	Martyn Morant (M40)	SWVAC	50.99		
2	36	Helen Godsell	SCVAC	71.56	2	33	Adam Bellis (M40)	SCVAC	51.35		
3	16	Edith Caux	EMAC	71.83	3	23	James Moroney	MMAC	51.39		
4	86	Jennifer Wakeman	NMAC	78.50	4	83	Andrew Parker (M40)	NMAC	51.80		
5	56	Ros Tabor (W65)	VAC	80.69	5	73	Peter Watkeys	WMAA	55.64		
6	76	Liz Bowers (W65)	WMAA	85.99	6	13	Peter Benedickter (M45)	EMAC	57.78		
7	26	Linda Farrow	MMAC	91.32	7	53	Rory Macfarlane	VAC	59.51		
W35 800m					M50 400m						
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf		
1	23	Rachel Coupe (W45)	MMAC	2:24.22	1	25	Simon Bickers (M55)	MMAC	56.24		
2	83	Alina Stepanchuk	NMAC	2:24.99	2	35	Wole Odele	SCVAC	57.38		
3	43	Jenny Carter (W45)	SWVAC	2:26.98	3	85	Richard Timms	NMAC	57.58		
4	33	Ana Ramos-Villaverde (W40)	SCVAC	2:27.34	4	45	Neil Tunstall (M55)	SWVAC	57.93		
5	63	Nicola Woodward (W40)	NEMAA	2:30.84	5	15	Stephen Herring	EMAC	62.03		
6	73	Llinos Jones	WMAA	2:31.07	6	55	Steve Roberts	VAC	64.23		
					7	75	Paul Flynn	WMAA	66.99		
W50 800m					M60 400m						
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf		
1	15	Christine Anthony (W55)	EMAC	2:40.20	1	76	Kieran McDonnell	WMAA	61.97		
2	25	Susan Kneill-Boxley	MMAC	2:45.04	2	16	Ivars Licietis	EMAC	62.87		
3	45	Louise Jeffries (W55)	SWVAC	2:48.50	3	46	David Cooke	SWVAC	63.20		
4	55	Jacqui Reid	VAC	2:57.30	4	36	Stewart Thorp (M65)	SCVAC	70.09		
5	75	Louise Kirby	WMAA	3:03.36	5	56	Philip Bell	VAC	70.41		
6	65	Michele O'Neill-Hall	NEMAA	3:27.92	6	86	Graham Webster (M65)	NMAC	74.71		
					7	26	David Jones (M65)	MMAC	78.74		
W60 800m					M70 400m						
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf		
1	16	Alison Bourgeois (W65)	EMAC	2:44.52	1	27	Lawrie Dunn	MMAC	70.54		
2	86	Jennifer Wakeman	NMAC	2:52.25	2	57	Derek Wardle	VAC	71.97		
3	56	Anna Garnier	VAC	2:52.56	3	37	Terry Bissett	SCVAC	73.79		
4	76	Liz Bowers (W65)	WMAA	3:07.57	4	17	John Garber (M75)	EMAC	83.28		
5	26	Linda Farrow	MMAC	3:30.53	5	77	Barrie Roberts (M75)	WMAA	90.47		
6	36	Sue James (W65)	SCVAC	3:40.69	6	67	George Routledge	NEMAA	118.95		
W70 800m					M35 800m						
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf		
1	27	Angela Copson	MMAC	3:07.22	1	23	James Moroney	MMAC	2:03.31		
2	77	Patricia Gallagher	WMAA	3:26.95	2	33	Bartosz Porzuczek	SCVAC	2:04.55		
3	37	Rose Webb	SCVAC	4:29.56	3	13	Richard Bruce (M45)	EMAC	2:05.53		
					4	73	Peter Watkeys	WMAA	2:08.40		
					5	83	Richard Clancy (M40)	NMAC	2:10.66		
W35 1500m					M50 800m						
Pos	Bib	Name	Club	Perf	Pos	Bib	Name	Club	Perf		
1	23	Lisa Palmer-Blount (W40)	MMAC	4:38.46	1	25	Gary Burnett	MMAC	2:06.69		
2	33	Michelle Lloyd (W40)	SCVAC	4:59.43	2	55	Steve Atkinson	VAC	2:08.56		
3	73	Llinos Jones	WMAA	5:06.43	3	75	Steve Toogood (M55)	WMAA	2:11.60		
4	63	Nicola Woodward (W40)	NEMAA	5:17.29	4	15	Stephen Herring	EMAC	2:18.99		
5	83	Carolyn Dooley (W40)	NMAC	5:25.87	5	65	Colin Hodgson	NEMAA	2:33.56		
6	43	Caroline Cotterell (W45)	SWVAC	5:34.57	6	85	Steven Doxey (M55)	NMAC	2:38.87		
					7	45	Ian Wright (M60)	SWVAC	2:56.98		
W50 1500m											
Pos	Bib	Name	Club	Perf							
1	55	Susan McDonald	VAC	5:17.75							
2	25	Mary Hall	MMAC	5:45.25							
3	35	Alison Smith (W55)	SCVAC	6:20.40							
4	65	Michele O'Neill-Hall	NEMAA	6:43.39							

W35 3000m				
Pos	Bib	Name	Club	Perf
1	53	Sam Amend	VAC	10:58.25
2	23	Catherine Charlton	MMAC	11:23.52
3	83	Alina Stepanchuk	NMAC	11:33.85
4	43	Caroline Cotterell (W45)	SWVAC	12:05.87
W50 3000m				
Pos	Bib	Name	Club	Perf
1	25	Susan Kneill-Boxley	MMAC	12:07.19
2	55	Jacqui Reid	VAC	13:16.81
3	85	Debbie Broad	NMAC	13:35.03
4	65	Michele O'Neill-Hall	NEMAA	15:10.06
W35 2km Walk				
Pos	Bib	Name	Club	Perf
1	23	Carolyn Derbyshire (W40)	MMAC	10:51.25
2	13	Melanie Peddle (W45)	EMAC	11:11.18
3	33	Angela Martin (W50)	SCVAC	13:38.21
W50 2km Walk				
Pos	Bib	Name	Club	Perf
1	25	Ann Wheeler (W60)	MMAC	12:16.61
2	15	Angela Underdown	EMAC	14:12.41
3	65	Michele O'Neill-Hall	NEMAA	14:13.15
4	35	Alison Smith (W55)	SCVAC	15:33.81
5	75	Gillian Williams (W60)	WMAA	16:37.08
W35 80m Hurdles				
Pos	Bib	Name	Club	w/s Perf
1	23	Paula Williams (W45)	MMAC	13.19
2	73	Amanda Wale (W45)	WMAA	15.10
3	33	Jo Wilding (W40)	SCVAC	15.73
W50 80m Hurdles				
Pos	Bib	Name	Club	w/s Perf
1	25	Susan Frisby (W55)	MMAC	13.63
2	45	Janet Dickinson	SWVAC	13.99
3	75	Jan Timberlake	WMAA	16.74
W35 High Jump				
Pos	Bib	Name	Club	Perf
1	23	Christine Dover	MMAC	1.47
2	33	Jo Wilding (W40)	SCVAC	1.38
3	73	Claudia Cabbage (W45)	WMAA	1.29
W50 High Jump				
Pos	Bib	Name	Club	Perf
1	85	Wendy Laing (W55)	NMAC	1.50
2	75	Melanie Garland (W55)	WMAA	1.38
3	45	Janet Dickinson	SWVAC	1.35
4	15	Gaye Clarke (W55)	EMAC	1.26
5	25	Jillian Roginski (W55)	MMAC	1.17
6	35	Susan Yeomans (W65)	SCVAC	1.14
W60 High Jump				
Pos	Bib	Name	Club	Perf
1	16	Carole Filer	EMAC	1.20
2	86	Ilse Hemming	NMAC	1.14
3	26	Sally Hine (W65)	MMAC	1.11
4	36	Linda Ahmet (W65)	SCVAC	1.08
5	56	Anna Garnier	VAC	1.02
6	76	Rosalind Townsend-Hope	WMAA	0.99
W35 Pole Vault				
Pos	Bib	Name	Club	Perf
1	33	Jacqueline Montgomery (W50)	SCVAC	2.30
2	23	Melanie Hepke (W45)	MMAC	2.20
3	83	Jenny Ibbitson (W60)	NMAC	2.20
4	73	Claudia Cabbage (W45)	WMAA	2.20
W50 Pole Vault				
Pos	Bib	Name	Club	Perf
1	35	Susan Yeomans (W65)	SCVAC	2.40

M60 800m				
Pos	Bib	Name	Club	Perf
1	46	Kevin Archer (M65)	SWVAC	2:25.80
2	26	David Oxland (M65)	MMAC	2:36.53
3	76	Richard Marks (M65)	WMAA	2:40.67
4	36	Stewart Thorp (M65)	SCVAC	2:42.53
5	16	Ivars Licietis	EMAC	2:47.66
6	86	Graham Webster (M65)	NMAC	2:55.56

M35 1500m				
Pos	Bib	Name	Club	Perf
1	73	Paul Clarke	WMAA	4:22.68
2	83	Andrew Cartwright (M40)	NMAC	4:22.91
3	23	Carl Platt	MMAC	4:25.76
4	33	Matt Hibberd	SCVAC	4:27.40
5	63	Ken Harker (M45)	NEMAA	4:54.96

M50 1500m				
Pos	Bib	Name	Club	Perf
1	15	Stephen Herring	EMAC	4:34.59
2	25	Colin Palmer (M55)	MMAC	4:41.14
3	55	Steve Roberts	VAC	4:51.10
4	75	Paul Flynn	WMAA	5:05.98
5	65	Colin Hodgson	NEMAA	5:11.63
6	85	Steven Doxey (M55)	NMAC	5:19.72
7	45	Ian Wright (M60)	SWVAC	5:52.67

M60 1500m				
Pos	Bib	Name	Club	Perf
1	26	David Oxland (M65)	MMAC	5:10.28
2	46	Stephen Lang	SWVAC	5:15.86
3	36	Stewart Thorp (M65)	SCVAC	5:24.28
4	76	Richard Marks (M65)	WMAA	5:27.68
5	56	Terry O'Neill (M65)	VAC	5:42.36
6	86	Graham Webster (M65)	NMAC	5:44.34

M70 1500m				
Pos	Bib	Name	Club	Perf
1	27	Phillip Brennan (M75)	MMAC	6:06.74
2	67	Harry Matthews	NEMAA	6:18.65
3	77	John Gardener (M75)	WMAA	6:29.27
4	17	John Borgars	EMAC	6:52.75

M35 3000m				
Pos	Bib	Name	Club	Perf
1	23	Karl Welborn	MMAC	9:24.68
2	83	Paul Coon	NMAC	9:34.35
3	13	Jeremy Vick (M40)	EMAC	10:04.81
4	63	Glen Hilton (M40)	NEMAA	10:25.50
5	73	Gareth Knight	WMAA	10:36.71
6	43	John Desmond White (M60)	SWVAC	11:45.77

CBP

M50 3000m				
Pos	Bib	Name	Club	Perf
1	75	Lee Aherne	WMAA	9:39.14
2	85	Stephen Watmough (M55)	NMAC	10:01.12
3	25	Christopher Hollinshead	MMAC	10:27.00
4	55	Steve Roberts	VAC	10:35.54
5	65	George Henderson	NEMAA	11:04.35
6	15	David Bowker (M55)	EMAC	12:06.00
7	45	Ian Wright (M60)	SWVAC	13:05.90

M60 3000m				
Pos	Bib	Name	Club	Perf
1	26	Andrew Wetherill	MMAC	10:29.47
2	46	Nicholas Holliday	SWVAC	11:05.10
3	16	Michael Bridgeland	EMAC	11:13.27
4	36	Desmond Michael (M65)	SCVAC	11:37.63
5	76	Mike Murphy	WMAA	12:04.57
6	56	Terry O'Neill (M65)	VAC	12:24.55

M35 2km Walk				
Pos	Bib	Name	Club	Perf
1	23	Mark Williams (M50)	MMAC	10:11.95

W35 Long Jump				
Pos	Bib	Name	Club	Perf
1	73	Joanne Frost (W40)	WMAA	5.29
2	23	Janelle Quinn (W40)	MMAC	4.57
3	33	Jacqueline Montgomery (W50)	SCVAC	3.70

W50 Long Jump				
Pos	Bib	Name	Club	Perf
1	45	Janet Dickinson	SWVAC	4.92
2	75	Melanie Garland (W55)	WMAA	4.63
3	85	Wendy Laing (W55)	NMAC	4.62
4	25	Joanne Willoughby	MMAC	4.39
5	35	Louise Wood	SCVAC	4.38

W60 Long Jump				
Pos	Bib	Name	Club	Perf
1	86	Ilse Hemming	NMAC	3.62
2	36	Linda Ahmet (W65)	SCVAC	3.43
3	26	Sally Hine (W65)	MMAC	3.18
4	76	Liz Bowers (W65)	WMAA	2.15

W70 Long Jump				
Pos	Bib	Name	Club	Perf
1	77	Patricia Oakes	WMAA	2.43
2	27	Angela Copson	MMAC	2.41
3	37	Rose Webb	SCVAC	2.12

W35 Triple Jump				
Pos	Bib	Name	Club	Perf
1	23	Paula Williams (W45)	MMAC	9.72
2	33	Jacqueline Montgomery (W50)	SCVAC	8.18
3	73	Claudia Cabbage (W45)	WMAA	7.86

W50 Triple Jump				
Pos	Bib	Name	Club	Perf
1	25	Joanne Willoughby	MMAC	10.25
2	35	Louise Wood	SCVAC	9.22
3	75	Jan Timberlake	WMAA	8.54
4	15	Christine Salvary (W60)	EMAC	6.92

W35 Shot				
Pos	Bib	Name	Club	Perf
1	23	Carol Parker (W45)	MMAC	10.75
2	33	Vanessa Hannam (W45)	SCVAC	9.87
3	73	Cath Alford (W45)	WMAA	8.60
4	43	Clare Taylor (W45)	SWVAC	8.45
5	53	Tracey Gould (W40)	VAC	7.42
6	83	Jenny Ibbotson (W60)	NMAC	7.38

W50 Shot				
Pos	Bib	Name	Club	Perf
1	25	Deborah Murch (W55)	MMAC	10.00
2	45	Jacquelyn Brett	SWVAC	9.84
3	85	Wendy Laing (W55)	NMAC	9.77
4	35	Anne Thacker (W55)	SCVAC	8.70
5	75	Karen Llewellyn	WMAA	7.86
6	15	Wendy Dunsford (W55)	EMAC	7.04

W60 Shot				
Pos	Bib	Name	Club	Perf
1	36	Susan Dassie (W65)	SCVAC	7.70
2	86	Ilse Hemming	NMAC	7.13
3	26	Pat Higgins	MMAC	6.82
4	56	Anna Garnier	VAC	6.68
5	16	Carole Filer	EMAC	6.15
6	76	Iris Holder (W75)	WMAA	5.50

W70 Shot				
Pos	Bib	Name	Club	Perf
1	37	Elizabeth Sissons	SCVAC	7.62
2	77	Patricia Oakes	WMAA	6.72
3	27	Angela Copson	MMAC	4.55

M50 2km Walk				
Pos	Bib	Name	Club	Perf
1	35	Christopher Hobbs (M60)	SCVAC	10:53.66
2	25	Peter Boszko (M65)	MMAC	11:01.86
3	15	David Bowker (M55)	EMAC	11:49.21
4	75	Paul Flynn	WMAA	12:00.71
5	85	Sean McCarthy (M55)	NMAC	19:23.45

M60 2km Walk				
Pos	Bib	Name	Club	Perf
1	36	Malcolm Martin	SCVAC	10:44.78
2	26	Roger Michell (M70)	MMAC	11:41.45
3	46	Ian Torode	SWVAC	12:01.87
4	16	Steve Allen	EMAC	12:15.92

M35 110m Hurdles				
Pos	Bib	Name	Club	Perf
1	33	Mensah Elliott (M40)	SCVAC	14.59
2	13	Gary Smith (M60)	EMAC	15.62

M50 100m Hurdles				
Pos	Bib	Name	Club	Perf
1	35	Andy Lewis	SCVAC	14.80
2	45	Neil Tunstall (M55)	SWVAC	14.93
3	25	Paul Edwards (M55)	MMAC	17.24
4	55	Derek Warn	VAC	20.20
5	85	Richard Timms	NMAC	21.98

M35 High Jump				
Pos	Bib	Name	Club	Perf
1	43	Stephen Jarvis (M40)	SWVAC	1.70
2	83	Stephen Thorpe (M40)	NMAC	1.35
3	33	Samuel Nash (M45)	SCVAC	1.35

M50 High Jump				
Pos	Bib	Name	Club	Perf
1	25	Adrian James	MMAC	1.55
2	15	Richard Phelan (M55)	EMAC	1.50
3	45	Paul Guest (M55)	SWVAC	1.50
4	75	Keith Powell (M55)	WMAA	1.35
5	35	Allan Leiper (M55)	SCVAC	1.35
6	85	Sean McCarthy (M55)	NMAC	1.15

M60 High Jump				
Pos	Bib	Name	Club	Perf
1	26	Paul Askew	MMAC	1.40
2	46	Steven Harger	SWVAC	1.35
3	36	Trevor Wade	SCVAC	1.30
4	76	Chris Berry	WMAA	1.25
5	16	Ivars Licietis	EMAC	1.20

M70 High Jump				
Pos	Bib	Name	Club	Perf
1	27	David Cowley	MMAC	1.35
2	37	Roger Bruck (M75)	SCVAC	1.20
3	77	Allan Cheers	WMAA	1.15
4	87	Barry Chapman	NMAC	1.00

M35 Pole Vault				
Pos	Bib	Name	Club	Perf
1	23	James Robinson (M40)	MMAC	4.00
2	43	Nicholas Walker (M50)	SWVAC	3.02

M50 Pole Vault				
Pos	Bib	Name	Club	Perf
1	15	Richard Phelan (M55)	EMAC	3.22
2	75	Keith Powell (M55)	WMAA	2.82
3	25	Terry Selway	MMAC	2.52
4	55	Derek Warn	VAC	2.42
5	35	Allan Leiper (M55)	SCVAC	2.22

M35 Long Jump				
Pos	Bib	Name	Club	Perf
1	43	Stephen Jarvis (M40)	SWVAC	5.98
2	73	Ioan Hughes	WMAA	5.59
3	13	Aaron Bolu (M40)	EMAC	5.44
4	33	Samuel Nash (M45)	SCVAC	5.43
5	83	Stephen Thorpe (M40)	NMAC	5.10
6	23	Albert Earle (M55)	MMAC	4.61
7	53	Michael May (M55)	VAC	3.07

W35 Discus

Pos	Bib	Name	Club	Perf
1	33	Vanessa Hannam (W45)	SCVAC	34.54
2	23	Carol Parker (W45)	MMAC	31.40
3	83	Jenny Ibbitson (W60)	NMAC	25.48
4	43	Clare Taylor (W45)	SWVAC	22.18
5	53	Tracey Gould (W40)	VAC	22.16
6	73	Cath Alford (W45)	WMAA	20.84

W50 Discus

Pos	Bib	Name	Club	Perf
1	25	Deborah Murch (W55)	MMAC	23.83
2	85	Hazel Barker (W55)	NMAC	21.72
3	35	Anne Thacker (W55)	SCVAC	21.03
4	15	Wendy Dunsford (W55)	EMAC	20.72
5	75	Karen Llewellyn	WMAA	19.58

W35 Hammer

Pos	Bib	Name	Club	Perf
1	43	Clare Taylor (W45)	SWVAC	37.85
2	53	Tracey Gould (W40)	VAC	32.20
3	23	Nicola Long (W40)	MMAC	28.12
4	73	Cath Alford (W45)	WMAA	28.08
5	83	Jenny Ibbitson (W60)	NMAC	25.20
6	33	Heather Mballa	SCVAC	21.48

W50 Hammer

Pos	Bib	Name	Club	Perf
1	45	Jacquelyn Brett	SWVAC	34.62
2	25	Deborah Murch (W55)	MMAC	32.82
3	55	Kim Weir (W55)	VAC	30.31
4	75	Karen Llewellyn	WMAA	27.46
5	15	Wendy Dunsford (W55)	EMAC	27.41
6	35	Anne Thacker (W55)	SCVAC	23.77
7	85	Hazel Barker (W55)	NMAC	18.77

W35 Javelin

Pos	Bib	Name	Club	Perf
1	23	Paula Williams (W45)	MMAC	30.50
2	33	Heather Mballa	SCVAC	26.11
3	43	Clare Taylor (W45)	SWVAC	19.86
4	53	Tracey Gould (W40)	VAC	19.70
5	73	Claudia Cabbage (W45)	WMAA	18.83

W50 Javelin

Pos	Bib	Name	Club	Perf
1	35	Anne Thacker (W55)	SCVAC	21.66
2	25	Jillian Roginski (W55)	MMAC	19.29
3	85	Hazel Barker (W55)	NMAC	17.48
4	75	Melanie Garland (W55)	WMAA	16.82
5	15	Angela Underdown	EMAC	11.25

M50 Long Jump

Pos	Bib	Name	Club	Perf
1	45	Paul Guest (M55)	SWVAC	5.20
2	25	Adrian James	MMAC	5.15
3	15	Paul Harrison	EMAC	4.86
4	75	Keith Powell (M55)	WMAA	4.66
5	55	Richard Weekes	VAC	4.62
6	35	Stephen Langford (M55)	SCVAC	4.62

M60 Long Jump

Pos	Bib	Name	Club	Perf
1	36	Trevor Wade	SCVAC	4.38
2	26	Rashpal Singh (M65)	MMAC	4.29
3	76	Roderick Davies	WMAA	3.82
4	16	Les Percival	EMAC	3.09
5	56	Patrick Reynard (M65)	VAC	2.98

M70 Long Jump

Pos	Bib	Name	Club	Perf
1	57	Allan Long (M75)	VAC	4.06
2	87	John Charlton	NMAC	4.04
3	27	Lawrie Dunn	MMAC	3.90
4	37	Ron Davies (M75)	SCVAC	3.49
5	77	Allan Cheers	WMAA	3.39
6	17	John Borgars	EMAC	2.47
7	67	George Routledge	NEMAA	1.97

M35 Triple Jump

Pos	Bib	Name	Club	Perf
1	13	Aaron Bollu (M40)	EMAC	11.00
2	33	Samuel Nash (M45)	SCVAC	10.76
3	23	Albert Earle (M55)	MMAC	10.33
4	83	Andrew Parker (M40)	NMAC	9.59
5	73	David Shields (M55)	WMAA	9.20

M50 Triple Jump

Pos	Bib	Name	Club	Perf
1	15	Paul Harrison	EMAC	11.44
2	45	Paul Guest (M55)	SWVAC	11.00
3	25	Terry Selway	MMAC	10.33
4	35	Wole Odele	SCVAC	10.23
5	55	Richard Weekes	VAC	9.72
6	85	Richard Timms	NMAC	9.30
7	75	Keith Powell (M55)	WMAA	9.11

M35 Shot

Pos	Bib	Name	Club	Perf
1	23	Sam Cater	MMAC	10.33
2	73	Ian Williams (M40)	WMAA	9.24
3	13	Aaron Bollu (M40)	EMAC	7.97
4	33	Alex Ahmet (M60)	SCVAC	7.67
5	53	Daniel Upton (M40)	VAC	7.20

M50 Shot

Pos	Bib	Name	Club	Perf
1	25	Morris Fox (M55)	MMAC	13.91
2	35	Andy Lewis	SCVAC	12.96
3	15	Michael Hausler (M55)	EMAC	12.64
4	45	Robert Broadbridge (M55)	SWVAC	11.16
5	75	Glyndwr Pugh (M55)	WMAA	9.53
6	85	Leeroy Golding	NMAC	8.29

M60 Shot

Pos	Bib	Name	Club	Perf
1	36	John Fenton	SCVAC	11.60
2	16	Peter Knott	EMAC	11.49
3	56	Tony Richards (M65)	VAC	10.47
4	26	Malcolm Pell	MMAC	9.79
5	76	Chris Berry	WMAA	9.28

M70 Shot

Pos	Bib	Name	Club	Perf
1	27	Barry Hawksworth	MMAC	11.55
2	87	John Watts (M75)	NMAC	10.12
3	77	Ian Bowles	WMAA	9.16
4	37	Ron Davies (M75)	SCVAC	8.05
5	47	Michael Dugan (M75)	SWVAC	7.91
6	67	George Routledge	NEMAA	6.74
7	17	John Borgars	EMAC	6.20

Pos	Overall Region	Points
1	MMAC	637
2	SCVAC	515
3	WMAA	476
4	EMAC	366
5	NMAC	319
6	SWVAC	312
7	VAC	222
8	NEMAA	66

After 94 total events scored

M50 Hammer				
Pos	Bib	Name	Club	Perf
1	55	Steven Sammut	VAC	50.40
2	35	Andy Hall (M55)	SCVAC	42.30
3	45	Robert Broadbridge (M55)	SWVAC	38.66
4	75	John Owen	WMAA	35.41
5	25	Kevin Murch (M55)	MMAC	34.92
6	15	Burt Scott (M65)	EMAC	30.33
7	85	Leeroy Golding	NMAC	13.59

M35 Javelin				
Pos	Bib	Name	Club	Perf
1	23	Sam Cater	MMAC	40.48
2	43	Nicholas Walker (M50)	SWVAC	33.06
3	13	Aaron Bollu (M40)	EMAC	29.68
4	33	Richard Halsey (M55)	SCVAC	29.56
5	73	Ian Williams (M40)	WMAA	28.73
6	83	Stephen Thorpe (M40)	NMAC	22.99
7	53	Michael May (M55)	VAC	8.83

M50 Javelin				
Pos	Bib	Name	Club	Perf
1	25	Kevin Murch (M55)	MMAC	47.80
2	15	Michael Hausler (M55)	EMAC	34.01
3	35	Allan Leiper (M55)	SCVAC	33.27
4	75	Chris Pruski (M60)	WMAA	27.68
5	85	Leeroy Golding	NMAC	21.23
6	55	Peter Wishart (M55)	VAC	20.37
7	45	Paul Guest (M55)	SWVAC	9.24

M35 Discus				
Pos	Bib	Name	Club	Perf
1	73	Peter Roberts (M45)	WMAA	35.34
2	23	Perriss Wilkins (M50)	MMAC	32.31
3	43	Nicholas Walker (M50)	SWVAC	28.56
4	13	Robert Ellingham (M50)	EMAC	28.47
5	33	Richard Halsey (M55)	SCVAC	17.16

M50 Discus				
Pos	Bib	Name	Club	Perf
1	25	Kevin Brown	MMAC	40.23
2	45	Robert Broadbridge (M55)	SWVAC	40.05
3	35	Allan Leiper (M55)	SCVAC	34.58
4	85	Leeroy Golding	NMAC	33.34
5	15	Geoff Tyler (M65)	EMAC	33.33
6	55	Peter Wishart (M55)	VAC	32.84
7	75	Glyndwr Pugh (M55)	WMAA	29.29

M35 Hammer				
Pos	Bib	Name	Club	Perf
1	23	Mark Elliott (M40)	MMAC	42.27
2	13	Robert Ellingham (M50)	EMAC	37.19
3	73	Peter Roberts (M45)	WMAA	26.51
4	43	Nicholas Walker (M50)	SWVAC	23.88
5	33	Alex Ahmet (M60)	SCVAC	19.88
6	83	Adam Blackburn	NMAC	13.81

W35 4x100m Relay				
Pos	Bib	Name	Club	Perf
1	23	Karen Gomes, Janelle Quinn (W40), Paula Williams (W45), Ellena Ruddock (W40)	MMAC	52.69
2	73	Joanne Frost (W40), Juliet Sidney (W50), Victoria Watkins, Amanda Wale (W45)	WMAA	55.80
3	33	Michele Wakefield (W50), Mary Brown (W55), Ana Ramos-Villaverde (W40), Sharon Dooley (W45)	SCVAC	58.73
4	53	Lisa Thomas (W50), Anna Garnier (W60), Sam Amend, Jacqui Reid (W50)	VAC	66.07

W50 4x100m Relay				
Pos	Bib	Name	Club	Perf
1	75	Angela Sonn (W55), Louise Kirby, Melanie Garland (W55), Sharon Samuel	WMAA	59.32
2	25	Fiona Palmer, Susan Kneill-Boxley, Jillian Roginski (W55), Susan Frisby (W55)	MMAC	61.08

W60 4x100m Relay				
Pos	Bib	Name	Club	Perf
1	36	Joan Trimble, Linda Ahmet (W65), Susan Dassie (W65), Helen Godsell	SCVAC	63.21
2	16	Edith Caux, Christine Salvary, Alison Bourgeois (W65), Carole Filer	EMAC	66.43
3	26	Sally Hine (W65), Linda Farrow, Angela Copson (W70), Pat Higgins	MMAC	74.59
4	76	Pat Oakes (W70), Liz Bowers (W65), Rosalind Townsend-Hope, Pat Gallagher (W70)	WMAA	75.16

M35 4x100m Relay				
Pos	Bib	Name	Club	Perf
1	33	Samuel Nash (M45), Adam Bellis (M40), Bartosz Porzuczek, Joshua Wood (M40)	SCVAC	47.02
2	13	Julian Smith (M45), Aaron Bollu (M40), Richard Bruce (M45), Panos Ioannou	EMAC	47.51
3	83	Richard Higson-Blythe (M40), Adam Blackburn, Richard Clancy (M40), Stephen Thorpe (M40)	NMAC	49.88
4	53	Rory Macfarlane, Richard Weekes (M50), Nick Lauder (M45), Philip Bell (M60)	VAC	53.91
5	73	Stuart Pearce (M40), Peter Watkeys, Ian Williams (M40), Gareth Knight	WMAA	54.04

M50 4x100m Relay				
Pos	Bib	Name	Club	Perf
1	85	John Wright (M55), Steve Peters (M65), Leroy Golding, Richard Timms	NMAC	49.92
2	25	Simon Bickers (M55), Adrian James, John Statham (M55), Colin Palmer (M55)	MMAC	52.77
3	75	Keith Powell (M55), Steve Toogood (M55), Paul Flynn, Lee Aherne	WMAA	56.88
4	35	Wole Odele, Desmond Michael (M65), Tom Phillips (M60), Allan Leiper (M55)	SCVAC	57.77
5	15	Stephen Herring, David Bowker (M55), Richard Phelan (M55), Ricardo Huskisson (M55)	EMAC	58.37

M60 4x100m Relay				
Pos	Bib	Name	Club	Perf
1	76	Roderick Davies, Glyn Sutton (M70), Kieran McDonnell, Ian Broadhurst	WMAA	54.62
2	26	Andrew Wetherill, David Oxland (M65), Rashpal Singh (M65), Ian Willoughby	MMAC	60.74
3	16	John Borgars (M70), John Garber (M75), Steve Allen, Ivars Licietis	EMAC	69.07

M70 4x100m Relay				
Pos	Bib	Name	Club	Perf
1	37	Victor Novell, Terry Bissett, Ron Davies (M75), Alan Forse	SCVAC	58.48
2	27	Lawrie Dunn, John Steel, Terry Faulkner (M75), David Cowley	MMAC	62.49