

MIDLAND MASTERS AC CROSS COUNTRY CHAMPIONSHIPS								
held at Aldersley Leisure Village, Wolverhampton on Sunday 22nd January 2017								
MEN 35 to 64 8km								
							Age	
Pos.	Time			Age		Club	Posn	Team
1	27.48	Paul	Ward	M50	MMAC	Telford AC	1	
2	28.09	Dean	Richardson	M40	MMAC	City of Stoke AC	1	
3	28.38	Mark	Couldwell	M40	MMAC	Charnwood AC M35	2	3rdM35
4	28.57	Scott	Hazell	M35	MMAC	Coventry Godiva Harriers M35	1	
5	29.30	David	Smith	M45	MMAC	Wolverhampton & Bilston AC M35	1	1stM35
6	29.50	Craig	Pearson	M35	MMAC	Cannock & Stafford AC M35	2	2ndM35
7	30.04	Carson	Tweedie	M40	MMAC	Cobra Running &TC	3	
8	30.16	Scott	Green	M35	MMAC	Owls AC Leicester M35	3	4thM35
9	30.36	Nigel	Haycock	M45	MMAC	Cannock & Stafford AC M35	2	2ndM35
10	30.44	Martin	Makin	M40	MMAC	Charnwood AC M35	4	3rdM35
11	30.48	Gareth	Briggs	M40	MMAC	Wolverhampton & Bilston AC M35	5	1stM35
12	30.59	Mick	Kingsbury	M50	MMAC	Charnwood AC M35	2	3rdM35
13	31.03	Tim	Kelly	M45	MMAC	MMAC	3	
14	31.11	Paul	Rogers	M50	MMAC	Tipton Harriers M45	3	1stM45
15	31.15	Craig	Twigg	M40	MMAC	Owls AC Leicester M35	6	4thM35
16	31.25	Anthony	Roper	M50	MMAC	BRIW	4	
17	31.29	Gordy	Smith	M45	MMAC	Heanor AC	4	
18	31.46	Nick	Bott	M35	MMAC	Owls AC Leicester M35	4	4thM35
19	32.03	Paul	Thacker	M45	MMAC	Cannock & Stafford AC M35	5	2ndM35
20	32.09	Jason	Corns	M45	MMAC	Wolverhampton & Bilston AC M35	6	1stM35
21	32.25	Aaron	Keene	M50	MMAC	Tipton Harriers M45	5	1stM45
22	32.43	James	Lewis	M40	MMAC	Wolverhampton & Bilston AC M35	7	1stM35
23	32.58	Ken	Ham	M55	SWVAC	Westbury Harriers	1	
24	33.11	Paul	Lester	M45	MMAC	Cannock & Stafford AC M35	7	2ndM35
25	33.21	Darran	Bishop	M45	MMAC	Dudley Kingswinford RC M45	8	2ndM45
26	33.36	Simon	Clarke	M40	MMAC	Coventry Godiva Harriers M35	8	
27	33.40	Darren	Edwards	M45	MMAC	Wolverhampton & Bilston AC M45	9	3rdM45
28	34.16	Simon	Calrow	M55	MMAC	Wolverhampton & Bilston AC M45	2	3rdM45
29	34.20	Dave	Norman	M45	MMAC	Dudley Kingswinford RC M45	10	2ndM45
30	34.33	Ray	Stanier	M60	MMAC	Tipton Harriers M45	1	1stM45
31	34.56	Martyn	Brunt	M45	MMAC	Coventry Godiva Harriers M35	11	
32	35.37	Mark	Homer	M55	MMAC	Dudley Kingswinford RC M45	3	2ndM45
33	35.43	Stephen	Roberts	M60	WMAA	Oswestry Olympians	2	
34	36.26	Lionel	Spittle	M60	MMAC	Wolverhampton & Bilston AC M45	3	3rdM45
35	37.59	Peter	Mensley	M60	MMAC	Charnwood AC M35	4	3rdM35
36	38.05	Dale	Cave	M40	MMAC	Owls AC Leicester M35	9	4thM35
37	40.24	Ian	Wright	M60	MMAC	RUNOR	5	
38	40.53	Graham	Lamb	M60	MMAC	Burton AC	6	
39	46.44	Brian	Worthington	M60	MMAC	Birchfield Harriers	7	

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held at Aldersley Leisure Village, Wolverhampton on Sunday 22nd January 2017								
WOMEN & MEN 65+ 6km								
Pos.	Time			Age		Club	Age Posn	Team
1	24.50	Paula	Richardson	W40	MMAC	Coventry Godiva Harriers	1	
2	25.27	Michelle	Clarke	W40	MMAC	Telford AC	2	
3	25.48	Kerry	Marchant	W40	MMAC	Staffordshire Moorlands AC W35	3	2ndW35
4	26.20	Audrey	Wilson	W45	MMAC	Wolverhampton & Bilston AC	1	
5	26.28	Catherine	Charlton	W35	MMAC	Notts AC W35	2	1stW35
6	26.56	Claire	Smith	W35	MMAC	Heanor RC	3	
7	26.58	John	Hill	M65	MMAC	Halesowen A & CC	1	
8	27.08	Rachel	Coupe	W45	MMAC	Telford AC	2	
9	27.21	Geoff	Farmer	M65	MMAC	MMAC	2	
10	27.40	Lucy	Cambridge	W40	MMAC	Wolverhampton & Bilston AC	4	
11	27.43	Jane	Pidgeon	W50	MMAC	Notts AC W35	1	1stW35
12	27.54	Penny	Barber	W55	MMAC	Tipton Harriers	1	
13	27.57	Michelle	Hooton	W45	MMAC	Notts AC W35	3	1stW35
14	28.30	Sue	Kneill-Boxley	W50	MMAC	Cannock & Stafford AC W45	2	1stW45
15	28.49	Angela	Copson	W65	MMAC	RUNOR	1	
16	28.52	Debbie	Hope	W45	MMAC	Staffordshire Moorlands AC W35	4	2ndW35
17	29.05	Nicola	Thompson	W45	MMAC	Charnwood AC	5	
18	30.02	David	Jones	M65	MMAC	Stratford-upon-Avon AC M65	3	1stM65
19	30.11	Paul	Allen	M70	WMAA	Halesowen A & CC	1	
20	30.12	Jackie	Mather	W55	MMAC	Long Eaton RC	2	
21	30.16	Peter	Banks	M65	MMAC	Coventry Godiva Harriers	4	
22	30.35	Roger	Wilson	M75	MMAC	Stratford-upon-Avon AC M65	1	1stM65
23	30.56	Joanne	Hackett	W45	MMAC	Staffordshire Moorlands AC W35	6	2ndW35
24	31.04	Jayne	Mumford	W50	MMAC	Coventry Godiva Harriers	3	
25	31.05	Kate	Williams	W55	MMAC	RUNOR	3	
26	31.24	Christine	Kilkenny	W60	MMAC	Cannock & Stafford AC W45	1	1stW45
27	31.46	Phil	Brennan	M70	MMAC	Stratford-upon-Avon AC M65	2	1stM65
28	32.14	Mick	Edwards	M65	MMAC	Sparkhill Harriers	5	
29	33.13	Dot	Fellows	W70	MMAC	Cannock & Stafford AC W45	1	1stW45
30	33.50	Adrian	Lloyd	M65	MMAC	Centurion RC	6	
31	34.13	Richard	Barrington	M70	MMAC	City of Stoke AC	3	
32	34.24	Lynne	Park	W55	MMAC	Forest of Dean	4	
33	43.32	Lindsay	Pulley	M75	MMAC	MMAC	1	
34	45.15	David	Phillips	M70	MMAC	Massey Ferguson	4	
35	47.12	Nicola	Long	W40	MMAC	Burton AC	5	