

Male Athlete Midland Masters AC Championship Track Bests

100 M			
M35	J Tipper	Sol 08	11.2
M40	J Tipper	Nun 12	11.4
M45	R Taylor	BH 79	11.5
	V Oliver	Sol 98	11.5
M50	D Burton	Wol 85	11.7
M55	G Walcott	Sol 07	12.2
M60	C Monk	Nun 14	12.8
M65	C Fairey	Red 81	13.2
	C Phillips	Sol 08	13.2
M70	R Taylor	Sol 04	13.5
M75	A Meddings	Sol 03	14.4
M80	C Fairey	Tam 96	15.8

200 M			
M35	D James	Sol 07	22.6
	J Tipper	Sol 08	22.6
M40	R Taylor	BH 76	22.7
M45	V Oliver	Sol 98	22.8
M50	V Oliver	Sol 02	24.0
M55	R Taylor	Sol 90	24.3
M60	R Taylor	Sol 94	25.0
M65	A Meddings	Sol 93	27.2
M70	A Meddings	Sol 99	27.3
M75	A Meddings	Sol 03	29.6
M80	T Bowman	Nun 16	34.6

400 M			
M35	M Gardiner	Sol 08	50.4
M40	A Clarke	Sol 92	51.8
M45	J Caines	Sol 98	52.2
M50	V Oliver	Sol 02	53.6
M55	P Anthony	Sol 04	56.9
M60	W Morgan	Tam 96	60.1
	L Oldfield	Sol 04	60.1
M65	T Clowry	Sol 95	63.5
M70	T Bowman	Sol 07	68.3
M75	T Clowry	Sol 05	73.8
M80	B Ashwell	Nun 13	1m26.0
M90	E Warwick	Sol 06	3m18.8

3000m S/Chase			
M40	B Jones	Sol 99	9m57.0
M45	R Hunt	Sol 99	10m44.8

800 M			
M35	P Gould	Nun 16	2m02.5
M40	D Randle	Sol 93	1m59.2
M45	R Andrew	Lei 10	2m02.1
M50	L Duffy	Tam 96	2m04.3
M55	R Phipps	Sol 99	2m09.6
M60	D Oxland	Nun 13	2m17.9
M65	T Clowey	Sol 95	2m23.1
M70	M Fox	Sol 04	2m35.9
M75	T Clowey	Sol 05	2m59.3
M80	B Ashwell	Nun 13	3m12.1

1500 M			
M35	D Hill	Nun 12	4m27.3
M40	D Higgins	Lei 89	4m09.0
M45	R Weatherburn	Sol 94	4m13.9
M50	E Williams	Sol 87	4m23.6
M55	M Wrenn	Tam 96	4m32.6
M60	D Oxland	Nun 13	4m43.6
M65	H Tempam	Sol 90	4m44.0
M70	B Ashwell	Sol 05	5m32.4
M75	T Wyer	Sol 06	6m43.6
M80	B Ashwell	Nun 13	6m38.4

5000 M			
M35	R Hollingsworth	Sol 06	16m13.3
M40	I Furness	Sol 98	14m51.1
M45	G Lee	Nun 12	15m26.3
M50	M Cadman	Sol 09	16m08.5
M55	E Williams	Sol 92	16m38.9
M60	D.Oxland	Lei11	17m43.3
M65	D.Oxland	Nun 16	18m09.4
M70	B Ashwell	Sol 05	19m29.0
M75	E Warwick	Sol 91	23m54.0
M80	B Ashwell	Nun 13	23m12.8

10000 M			
M40	H Strange	Sol 94	32m26.6
M45	D Black	Sol 99	32m34.0
M50	M Hawkins	Sol 91	34m24.7
M55	P Morris	Sol 91	35m11.3
M60	D Oxland	Hors 11	35m53.89
M65	G Oliver	Sol 98	41m04.4
M70	J Fraser	Sol 94	41m53.2
M75	J Kelly	Sol 98	61m19.7

80m Hurdles			
M70	T Bowman	Sol 06	13.5
M75	C Shafto	Lei 10	16.1
M80	T Bowman	Nun 16	15.3
100m Hurdles			
M50	G Dunson	Nun 14	14.6
M55	T Wells	Sol 08	16.8
M60	J Willoughby	Nun 16	16.3
M65	T Bowman	Sol 04	18.6

110m Hurdles			
M35	S Saxon	Sol 06	16.8
M40	G Dunson	Sol 04	15.3
M45	G Dunson	Sol 09	15.7
M60	B Ariss	Sol 01	19.2

200m Hurdles			
M80	T Bowman	Nun 16	42.6

300m Hurdles			
M60	T Wells	Lei 10	46.7
M65	T Wells	Nun 14	51.8
M70	T Bowman	Sol 06	51.9

400m Hurdles			
M35	J Lloyd	Lei 10	54.9
M40	G Dunson	Sol 04	57.8
M45	T Wells	Sol 95	58.5
M50	T Wells	Sol 01	61.9
M55	T Wells	Sol 04	63.7

5000m Walk			
M35	D Butterly	Sol 04	25m09.6
M40	M Williams	Sol 07	21m46.9
M45	R Care	Sol 92	22m31.1
M50	R Care	Sol 97	23m13.9
M55	R Care	Sol 04	24m23.1
M60	G Chaplin	Sol 92	24m56.6
M65	G Chaplin	Tam 96	26m19.2
M70	D Fotheringham	Sol 00	29m01.2
M75	J Grimswade	Lei 89	29m17.3
M80	J Grimswade	Sol 92	29m24.1
M85	G Mitchell	Sol 00	35m49.1

Female Athlete Midland Masters AC Championship Track Best

100 M			
W35	C Taylor	Red 81	12.8
W40	J Crossin	Lei 10	13.3
W45	F Palmer	Nun 14	13.5
W50	M Lewington	Sol 97	13.5
W55	V Bonner	Sol 07	14.0
W60	V Bonner	Lei 10	14.2
W65	J Ogden	Sol 93	15.4
W70	M Wixey	Sol 92	16.8
W75	R Chimes	Lei 10	18.1
W85	M Wixey	Sol 06	28.8

200 M			
W35	E.Ruddock	Nun 12	25.4
W40	F Palmer	Nun 12	27.5
W45	W Dunn	Sol 05	27.6
W45	J Horder	Sol 05	27.6
W50	M Lewington	Sol 03	27.1
W55	M Lewington	Sol 97	28.8
W60	V Bonner	Lei 10	29.8
W65	J Ogden	Sol 93	31.2
W70	M Wixey	Sol 91	36.5
W75	D Fraser	Nun 12	39.2

400 M			
W35	C Powell	Sol 90	57.5
W40	F Palmer	Sol 08	62.0
W45	M Hocknell	Lei 89	61.0
W50	J Horder	Sol 08	62.3
W55	Y Priestman	Sol 04	69.2
W60	N Hitchmough	Nun 12	1m14.1
W65	N Hitchmough	Nun 16	1m17.9
W75	P Taylor	Nun 12	1m39.3

800 M			
W35	P Harmer	Lei 11	2m05.1
W40	P Gallagher	Wol 86	2m17.4
W45	P Gallagher	Sol 93	2m19.3
W50	M Hitchmough	Sol 00	2m28.5
W55	M Hitchmough	Sol 05	2m32.3
W60	M Hitchmough	Lei 10	2m38.9
W65	A Copson	Nun 14	2m49.7
W70	A Gray	Nun 16	3m34.5

1500 M			
W35	K Ramsey	Sol 05	4m42.6
W40	P Richardson	Nun 16	4m49.7
W45	B Cardy	Sol 01	4m52.7
W50	N Hitchmough	Sol 00	5m01.0
W55	N Hitchmough	Sol 05	5m18.0
W60	A Copson	Sol 08	5m28.7
W65	A Copson	Nun 12	5m40.3
W70	J Johnson	Nun 14	7m14.4

5000 M			
W35	K Ramsey	Sol 05	16m54.0
W40	N Nealson	Sol 09	17m49.2
W45	B Cardy	Sol 00	17m09.3
W50	E Statham	Sol 94	18m34.5
W55	K Kilkeny	Sol 08	19m56.7
W60	A Copson	Sol 08	20.06.7
W65	J Johnson	Nun 12	24m17.5
W70	J Johnson	Nun 14	25m80.9

10000 M			
W45	C Kilkeny	Sol 98	38m35.4
W50	E Statham	Sol 94	39m18.8

80m Hurdles			
W40	D Davies	Sol 03	13.1
W45	W Laing	Sol 08	13.1
W50	S Frisby	Nun 13	14.0
W55	J Horder	Nun 14	13.0
W60	J.Fail	Lei 11	15.4
W65	J Charles	Sol 08	17.0

100m Hurdles			
W35	E Ruddock	Nun 12	12.7
W40	C Taylor	Nun 12	13.9
W45	M Garland	Nun 12	14.6

300m Hurdles			
W50	J Horder	Sol 07	46.6
W55	J Horder	Nun 14	50.0
W60	S Hine	Nun 13	66.9

400m Hurdles			
W35	C Axford	Sol 99	64.8
W40	R Brownlie	Sol 87	77.0
W45	J Horder	Sol 06	66.5

5000m Walk			
W35	K Baird	Sol 95	24m16.4
W40	K Braznell	Sol 00	24m38.4
W45	K Braznell	Sol 01	26m20.8
W50	A Wheeler	Lei 10	28m10.3
W55	A Wheeler	Nun 12	29m03.8
W60	A Wheeler	Nun 16	31m01.6
W65	J Langford	Sol 04	33m22.5
W70	B Randle	Sol 00	31m44.5

Male Athlete Midland Masters AC Championship Field Best

Long Jump			
M35	I Hughes (G)	Nun 14	6.28
M40	S Power	Sol 87	6.20
M45	P Duckers	Sol 92	5.95
M50	P Duckers	Sol 94	5.86
M55	M Garvey	Sol 97	5.38
	P Duckers	Sol 98	5.38
M60	P Duckers	Sol 03	5.32
M65	T Crocker	Sol 03	4.85
M70	T Crocker	Sol 06	4.68
M75	A Lovett	Sol 97	3.86
M80	T Crocker	Nun 16	3.34

Hammer Throw			
M35	W.Powell	Lei 11	53.63
M40	J Pearson	Sol 08	59.58
M45	J.Pearson	Nun 12	58.30
M50	J Pearson	Nun 16	63.84
M55	T Lailey	Sol 06	44.54
M60	B Hawksworth	Sol 09	50.75
M65	B Hawksworth	Nun 12	46.48
M70	B Sumner	Sol 08	37.61
M75	B.Sumner	Lei 11	30.60
M80	B Sumner	Nun 16	32.91
M85	G Roberts	Nun 16	22.23

Javelin Throw			
M35	J Wilkinson	Sol 09	49.94
M40	K Murch	Sol 99	59.39
M45	K Murch	Sol 04	52.55
M50	K Murch	Nun 12	55.81
M55	K Murch	Nun 14	53.73
M60	B Hawksworth	Sol 07	42.23
M65	P Owen	Sol 09	36.64
M70	H Karlsson	Wol 86	30.40
M75	D Price	Nun 16	26.93
M80	J Gercs	Sol 03	18.46

Triple Jump			
M35	N Skelding	Sol 06	11.80
M40	S Power	Sol 87	13.45
M45	S Power	Sol 92	13.06
M50	S Power	Sol 93	12.83
M55	S Power	Sol 00	12.35
M60	S Power	Sol 04	11.61
M65	T Crocker	Sol 02	10.00
M70	T Crocker	Sol 06	9.54
M75	T Crocker	Nun 12	8.10
M80	T Bowman	Nun 16	7.40

Discus Throw			
M35	P Bracegirdle	Lei 10	22.23
M40	K Brown	Sol 06	53.23
M45	K Brown	Lei 10	53.65
M50	J Moorland	Sol 09	46.82
M55	T Lailey	Sol 07	37.62
M60	B Hawksworth	Lei 10	42.62
M65	B Hawkesworth	Nun 12	40.65
M70	J Watts	Sol 09	40.40
M75	J Gercs	Sol 99	26.26
M80	G Roberts	Nun 12	34.88
M85	J Gercs	Sol 03	20.07

Shot Putt			
M35	J Cowell	Lei 10	10.66
M40	G Blyton	Lei 89	13.32
M45	J Edwards	Sol 97	13.10
M50	M Middleton	Nun 13	13.48
M55	B Holden	Sol 07	12.37
M60	A Richards	Lei 10	12.02
M65	B Hawksworth	Nun 12	10.91
M70	J Watts	Nun 13	10.83
M75	J Gercs	Sol 98	8.85
M80	B Sumner	Nun 16	8.48
M85	G Roberts	Nun 16	5.55

High Jump			
M35	D Davenport	Lei 10	1.80
M40	G Griffiths	Lei 89	1.80
M45	S Linsell	Sol 09	1.85
	J Darlington	Wol 86	1.66
M50	G Dunson	Nun 14	1.66
M55	S Power	Sol 00	1.65
M60	S Power	Sol 04	1.55
M65	T Crocker	Sol 03	1.48
M70	T Crocker	Sol 99	1.45
M75	T Crocker	Nun 12	1.33
M80	T Crocker	Nun 16	1.25

Pole Vault			
M35	G.Showell	Nun 12	3.50
M40	G Trimal	Bro 80	3.60
M45	K Hands	Sol 87	3.40
M50	R Brown	Wol 85	3.60
M55	A Mackay	Sol 93	3.40
M60	J Bradley	Sol 05	3.05
M65	J Bradley	Lei 11	3.10
M70	J Bradley	Nun 14	2.70
M75	R Brown	Lei 10	2.40
M80	G Trimal	Bro 81	2.08

Female Athlete Midland Masters AC Championship Field Best

Long Jump			
W35	J Spargo	Sol 06	5.16
W40	D Davies	Sol 03	5.27
W45	P Dutton	Sol 03	4.93
W50	A Neil	Sol 01	4.78
W55	J Charles	Sol 97	4.07
W60	J Fail	Nun 12	3.81
W65	M Wixey	Sol 87	3.63
W70	M Wixey	Sol 95	3.31
W75	M Wixey	Sol 00	2.48
W80	M Wixey	Sol 01	2.02
W85	M Wixey	Sol 06	1.71

Hammer Throw			
W35	L McKeown	Nun 14	34.76
W40	J Cooper	Sol 08	34.81
W45	M Loveridge	Nun 12	37.62
W50	M Loveridge	Nun 14	50.50
W55	D Murch	Nun 14	35.09
W60	P.Higgins	Nun 16	27.27
W65	V Kirkland	Nun 14	21.06
W70	A Moore	Sol 04	14.56
W75	R Chimes	Lei 10	28.63

Javelin Throw			
W35	S Spragg	Sol 87	44.90
W40	S Spragg	Sol 91	40.64 *
	S Turner	Sol 00	33.84 #
W45	K Addis	Nun 16	27.92
W50	C Morris	Sol 94	31.20
W55	C Rafferty	Sol 01	24.82
W60	J Ogden	Sol 90	28.82
W65	J Ogden	Sol 93	31.18
W70	C Rafferty	Nun 15	15.75
W75	J Ogden	Sol 03	22.69
W80	M Wixey	Sol 01	8.13
W85	M Wixey	Sol 07	6.71

Triple Jump			
W35	E Jayne	Nun 14	8.67
W40	J Pryce	Sol 00	10.48
W45	L Willis	Sol 08	9.33
W50	J Pryce	Nun 12	9.85
W55	R Chimes	Lei 89	8.83
W60	J Charles	Sol 04	8.08
W65	M Wixey	Lei 89	6.86
W70	I Holder	Nun 14	6.73
W75	M Wixey	Sol 98	5.00
W80	A Martin	Nun 16	5.70
W85	M Wixey	Sol 06	3.04

Discus Throw			
W35	K Sharp	Sol 95	34.58
W40	C A Parker	Nun 14	38.15
W45	L Hallam	Sol 97	27.24
W50	J Ibbotson	Sol 07	29.33
W55	R Chimes	Lei 89	39.88
W60	R Chimes	Sol 93	34.36
W65	R Chimes	Sol 98	34.34
W70	R Chimes	Sol 03	31.55
W75	R Chimes	Lei 10	30.07
W80	M Wixey	Sol 03	9.31
W85	M Wixey	Sol 07	8.13

Shot Putt			
W35	S Spragg	Sol 87	10.93
W40	C A Parker	Nun 12	11.87
W45	R.Bird	Nun 12	9.12
W50	J Ibbotson	Sol 07	10.47
W55	R Chimes	Lei 89	11.82
W60	R Chimes	Sol 93	11.40
W65	R Chimes	Sol 99	11.00
W70	R Chimes	Sol 05	9.67
W75	R Chimes	Lei 10	10.09
W80	M Wixey	Sol 03	4.15

High Jump			
W35	P Tarquin	Sol 06	1.48
W40	D Davies	Sol 03	1.60
W45	J Smallwood	Wol 88	1.45
W50	P Garvey	Sol 04	1.35
W55	P Garvey	Sol 09	1.30
W55	R Chimes	Wol 88	1.35
W60	R Chimes	Sol 93	1.28
W65	R Chimes	Sol 01	1.22
W70	R Chimes	Sol 07	1.13
W75	R Chimes	Nun 12	1.18

Pole Vault			
W35	T Morris	Sol 06	2.60
W40	S Owen	Sol 98	1.90
W45	A Wainwright	Sol 01	2.60
W50	A Wainwright	Bur 02	2.70