

		MMAC T & F CHAMPIONSHIPS 2016										ENTRY LIST							
F01	Hammer	1	Mark	Elliott	38	Hammer Throw	M35		T01	100m Hurdles	31	Donald	Brown	52	100m Hurdles		M50		
F01		18	Daniel	Upton	40	Hammer Throw	M40		T01		62	Kirtley	Robbins	55	100m Hurdles		M55		
F01		42	John	Pearson	50	Hammer Throw	M50		T01		80	Ian	Willoughby	62	100m Hurdles		M60		
F01		44	Steve	Pomeroy	54	Hammer Throw	M50		T01		98	Tony	Wells	67	100m Hurdles		M65		
F01		72	Steve	Carr	62	Hammer Throw	M60		T01		201	Ania	Ciolek	36	100m Hurdles		W35		
F01	PV	76	Timothy	Needham	63	Hammer Throw	M60		T02	80m Hurdles	103	John	Howe	74	80m Hurdles		M70		
F02		103	John	Howe	74	Pole Vault	M70		T02		120	Tony	Bowman	80	80m Hurdles		M80		
F02		213	Mel	Hepke	44	Pole Vault	W40		T02		219	Paula	Williams	44	80m Hurdles		W40		
F03		205	Margot	Griffiths	35	Shot Put	W35		T02		223	Clare	Davies	48	80m Hurdles		W45		
F03		216	Nicola	Long	41	Shot Put	W40		T02		229	Amanda	Wale	45	80m Hurdles		W45		
F03	Shot Put	219	Paula	Williams	44	Shot Put	W40		T02	100m Hurdles	245	Julie	Rogers	52	80m Hurdles		W50		
F03		223	Clare	Davies	48	Shot Put	W45		T02		247	Marise	Taylor	52	80m Hurdles		W50		
F03		239	Lorna	Foster	53	Shot Put	W50		T02		254	Susan	Frisby	56	80m Hurdles		W55		
F03		248	Lesley	Willis	54	Shot Put	W50		T02		265	Sally	Hine	66	80m Hurdles		W65		
F03		249	Jo	Willoughby	52	Shot Put	W50		T03		265	Sally	Hine	66	100m		W65		
F03		250	Julie	Wilson	53	Shot Put	W50		T03		267	Viv	Kirkland	67	100m		W65		
F03		254	Susan	Frisby	56	Shot Put	W55		T03		272	Iris	Holder	75	100m		W75		
F03		260	Pat	Higgins	60	Shot Put	W60		T04		228	Deborah	Ricci	46	100m		W45		
F03		267	Viv	Kirkland	67	Shot Put	W65		T04		230	Katy	Williams	45	100m		W45		
F03		271	Carol	Rafferty	72	Shot Put	W70		T04		240	Melanie	Garland	53	100m		W50		
F04	High Jump	12	Paul	Evans	40	High Jump	M40		T04	100m Hurdles	241	Judy	Johnson	53	100m		W50		
F04		70	Paul	Askew	61	High Jump	M60		T04		248	Lesley	Willis	54	100m		W50		
F04		77	Rashpal	Singh	63	High Jump	M60		T04		253	Gaye	Clarke	55	100m		W55		
F04		79	Trevor	Wade	60	High Jump	M60		T04		255	Polly	Gerner	58	100m		W55		
F04		90	David	Jones	66	High Jump	M65		T04		257	Janice	Pryce	56	100m		W55		
F04		91	Ron	Jones	65	High Jump	M65		T04		258	Angela	Sonn	55	100m		W55		
F04		103	John	Howe	74	High Jump	M70		T05		201	Ania	Ciolek	36	100m		W35		
F04		121	Tony	Crocker	80	High Jump	M80		T05		202	Ainslea	Cross	35	100m		W35		
F04		201	Ania	Ciolek	36	High Jump	W35		T05		207	Paula	Owen	37	100m		W35		
F04		213	Mel	Hepke	44	High Jump	W40		T05		210	Henrietta	Anstey	43	100m		W40		
F04		223	Clare	Davies	48	High Jump	W45		T05		212	Cat	Goulder-Da	41	100m		W40		
F04		240	Melanie	Garland	53	High Jump	W50		T05		218	Michelle	Thomas	44	100m		W40		
F04		253	Gaye	Clarke	55	High Jump	W55		T05		219	Paula	Williams	44	100m		W40		
F04		265	Sally	Hine	66	High Jump	W65		T06		111	Geoff	Hudson	77	100m		M75		
F05		Hammer Throw	85	John	Blackwell	65	Hammer Throw	M65			T06	100m Hurdles	114	Louis	Satterthwait	75	100m		M75
F05	86		Mike	Bourcier-M	67	Hammer Throw	M65		T06	120	Tony		Bowman	80	100m		M80		
F05	89		Barry	Hawkswort	69	Hammer Throw	M65		T06	121	Tony		Crocker	80	100m		M80		
F05	91		Ron	Jones	65	Hammer Throw	M65		T06	122	John		Evans	81	100m		M80		
F05	94		Bill	Renshaw	66	Hammer Throw	M65		T07	71	Ian		Broadhurst	61	100m		M60		
F05	95		Dave	Russell	66	Hammer Throw	M65		T07	73	Jon		Clarke	60	100m		M60		
F05	96		Bunt	Scott	65	Hammer Throw	M65		T07	75	Christopher		Monk	64	100m		M60		
F05	104		Richard	Jegou	71	Hammer Throw	M70		T07	79	Trevor		Wade	60	100m		M60		
F05	105		David	Pear	73	Hammer Throw	M70		T07	80	Ian		Willoughby	62	100m		M60		
F05	112		John	Love	77	Hammer Throw	M75		T07	97	Manohar		Singh	69	100m		M65		
F05	Shot Put	123	Brian	Sumner	80	Hammer Throw	M80		T07	100m Hurdles	98	Tony	Wells	67	100m		M65		
F06		12	Paul	Evans	40	Shot Put	M40		T08		50	Dougie	Donald	57	100m		M55		
F06		18	Daniel	Upton	40	Shot Put	M40		T08		53	Paul	Edwards	57	100m		M55		
F06		32	Kevin	Brown	51	Shot Put	M50		T08		55	Henry	Hopkins	58	100m		M55		
F06		35	James	Gillespie	53	Shot Put	M50		T08		59	Carlton	McDonald	55	100m		M55		
F06		44	Steve	Pomeroy	54	Shot Put	M50		T08		60	Cecil	Moven	59	100m		M55		
F06		58	Peter	Knott	58	Shot Put	M55		T08		62	Kirtley	Robbins	55	100m		M55		
F06		65	John	Statham	55	Shot Put	M55		T08		64	Gordon	Sinclair	58	100m		M55		
F06		72	Steve	Carr	62	Shot Put	M60		T08		65	John	Statham	55	100m		M55		
F07		Hammer Throw	216	Nicola	Long	41	Hammer Throw	W40			T08	67	Kevin	Williams	59	100m		M55	
F07	239		Lorna	Foster	53	Hammer Throw	W50		T09	20	Brian	Gravelsons	47	100m		M45			
F07	246		Dorothy	Rubery	53	Hammer Throw	W50		T09	24	James	Morgan	45	100m		M45			
F07	250		Julie	Wilson	53	Hammer Throw	W50		T09	28	Stephen	Terry-Short	45	100m		M45			
F07	256		Jill	Lamb	58	Hammer Throw	W55		T09	29	Martin	White	45	100m		M45			
F07	259		Julie	Wakelam	57	Hammer Throw	W55		T09	31	Donald	Brown	52	100m		M50			
F07	260		Pat	Higgins	60	Hammer Throw	W60		T09	36	Chris	Holliday	50	100m		M50			
F07	267		Viv	Kirkland	67	Hammer Throw	W65		T09	39	Graham	Langham	51	100m		M50			
F08	Long Jump		201	Ania	Ciolek	36	Long Jump	W35		T09	46	Paul	Tiereve	53	100m		M50		
F08			205	Margot	Griffiths	35	Long Jump	W35		T10	7	Ben	Owen	35	100m		M35		
F08		215	Emma	Jayne	40	Long Jump	W40		T10	12	Paul	Evans	40	100m		M40			
F08		223	Clare	Davies	48	Long Jump	W45		T10	13	Richard	Henry	41	100m		M40			
F08		227	Margaret	Pope	46	Long Jump	W45		T10	16	Paul	North	42	100m		M40			
F08		240	Melanie	Garland	53	Long Jump	W50		T11	33	Dwane	Butterly	50	5km Track Walk		M50			
F08		247	Marise	Taylor	52	Long Jump	W50		T11	48	Mark	Williams	51	5km Track Walk		M50			
F08		248	Lesley	Willis	54	Long Jump	W50		T11	102	David	Fall	71	5km Track Walk		M70			
F08		249	Jo	Willoughby	52	Long Jump	W50		T11	203	Carolyn	Dyall	38	5km Track Walk		W35			
F08		253	Gaye	Clarke	55	Long Jump	W55		T11	221	Julie	Bellfield	47	5km Track Walk		W45			
F08	Long Hurdles	255	Polly	Gerner	58	Long Jump	W55		T11	224	Lisa	Kehler	49	5km Track Walk		W45			
F08		257	Janice	Pryce	56	Long Jump	W55		T11	236	Lynn	Bellfield	50	5km Track Walk		W50			
F08		259	Julie	Wakelam	57	Long Jump	W55		T11	262	Ann	Wheeler	60	5km Track Walk		W60			
F08		265	Sally	Hine	66	Long Jump	W65		T12	120	Tony	Bowman	80	200m Hurdles		M80			
F08		267	Viv	Kirkland	67	Long Jump	W65		T13	71	Ian	Broadhurst	61	300m Hurdles		M60			
F08		272	Iris	Holder	75	Long Jump	W75		T13	80	Ian	Willoughby	62	300m Hurdles		M60			
F08		280	Anne	Martin	80	Long Jump	W80		T13	98	Tony	Wells	67	300m Hurdles		M65			
F09		5	Ioan	Hughes	37	Long Jump	M35		T13	245	Julie	Rogers	52	300m Hurdles		W50			
F09		11	Donovan	Davenport	44	Long Jump	M40		T13	254	Susan	Frisby	56	300m Hurdles		W55			
F09		12	Paul	Evans	40	Long Jump	M40		T14	36	Chris	Holliday	50	400m Hurdles		M50			
F09	200m Hurdles	16	Paul	North	42	Long Jump	M40		T14	66	Richard	White	56	400m Hurdles		M55			
F09		17	Robert	North	40	Long Jump	M40		T15	265	Sally	Hine	66	200m		W65			
F09		26	Gary	Smith	45	Long Jump	M45		T15	272	Iris	Holder	75	200m		W75			
F09		31	Donald	Brown	52	Long Jump	M50		T15	280	Anne	Martin	80	200m		W80			
F09		52	Albert	Earle	58	Long Jump	M55		T16	240	Melanie	Garland	53	200m		W50			
F09		55	Henry	Hopkins	58	Long Jump	M55		T16	241	Judy	Johnson	53	200m		W50			
F09		64	Gordon	Sinclair	58	Long Jump	M55		T16	247	Marise	Taylor	52	200m		W50			
F09		73	Jon	Clarke	60	Long Jump	M60		T16	248	Lesley	Willis	54	200m		W50			
F09		77	Rashpal	Singh	63	Long Jump	M60		T16	253	Gaye	Clarke	55	200m		W55			
F09		78	Ian	Thomson	63	Long Jump	M60		T16	258	Angela	Sonn	55	200m		W55			
F09	200m Hurdles	79	Trevor	Wade	60	Long Jump	M60		T17	202	Ainslea	Cross	35	200m		W35			
F09		121	Tony	Crocker	80	Long Jump	M80		T17	207	Paula	Owen	37	200m		W35			
F09		122	John	Evans	81	Long Jump	M80		T17	210	Henrietta	Anstey	43	200m		W40			
F09		123	John	Evans	81	Long Jump	M80		T17	210	Henrietta	Anstey	43	200m		W40			

F10		85	John	Blackwell	65	Shot Put	M65		T17		212	Cat	Goulder-Da	41	200m	W40
F10		86	Mike	Bourcier-M	67	Shot Put	M65		T17		214	Emma	Hollinshead	44	200m	W40
F10		88	Julian	Grubb	68	Shot Put	M65		T17		218	Michelle	Thomas	44	200m	W40
F10		89	Barry	Hawkswort	69	Shot Put	M65		T17		228	Deborah	Ricci	46	200m	W45
F10		91	Ron	Jones	65	Shot Put	M65		T18		73	Jon	Clarke	60	200m	M60
F10		92	Desmond	Leach	67	Shot Put	M65		T18		75	Christopher	Monk	64	200m	M60
F10		94	Bill	Renshaw	66	Shot Put	M65		T18		98	Tony	Wells	67	200m	M65
F10		95	Dave	Russell	66	Shot Put	M65		T18		111	Geoff	Hudson	77	200m	M75
F10		96	Bunt	Scott	65	Shot Put	M65		T18		114	Louis	Satterthwait	75	200m	M75
F10		104	Richard	Jegou	71	Shot Put	M70		T18		120	Tony	Bowman	80	200m	M80
F10		105	David	Peart	73	Shot Put	M70		T19		50	Dougie	Donald	57	200m	M55
F10		112	John	Love	77	Shot Put	M75		T19		53	Paul	Edwards	57	200m	M55
F10		123	Brian	Sumner	80	Shot Put	M80		T19		55	Henry	Hopkins	58	200m	M55
F11		205	Margot	Griffiths	35	Javelin Throw	W35		T19		59	Carlton	McDonald	55	200m	M55
F11		219	Paula	Williams	44	Javelin Throw	W40		T19		60	Cecil	Moven	59	200m	M55
F11		220	Karen	Addis	45	Javelin Throw	W45		T19		62	Kirtley	Robbins	55	200m	M55
F11		227	Margaret	Pope	46	Javelin Throw	W45		T19		64	Gordon	Sinclair	58	200m	M55
F11		229	Amanda	Wale	45	Javelin Throw	W45		T19		65	John	Statham	55	200m	M55
F11		245	Julie	Rogers	52	Javelin Throw	W50		T20		31	Donald	Brown	52	200m	M50
F11		259	Julie	Wakelam	57	Javelin Throw	W55		T20		36	Chris	Holliday	50	200m	M50
F11		271	Carol	Rafferty	72	Javelin Throw	W70		T20		39	Graham	Langham	51	200m	M50
F12		11	Donovan	Davenport	44	Triple Jump	M40		T20		43	Darryl	Pigott	50	200m	M50
F12		52	Albert	Earle	58	Triple Jump	M55		T20		46	Paul	Tiereve	53	200m	M50
F12		55	Henry	Hopkins	58	Triple Jump	M55		T21		20	Brian	Gravelsons	47	200m	M45
F12		73	Jon	Clarke	60	Triple Jump	M60		T21		21	Richard	Houchin	45	200m	M45
F12		78	Ian	Thomson	63	Triple Jump	M60		T21		24	James	Morgan	45	200m	M45
F12		79	Trevor	Wade	60	Triple Jump	M60		T21		28	Stephen	Terry-Short	45	200m	M45
F12		120	Tony	Bowman	80	Triple Jump	M80		T21		29	Martin	White	45	200m	M45
F12		121	Tony	Crocker	80	Triple Jump	M80		T22		6	Stewart	Marshall	35	200m	M35
F12		122	John	Evans	81	Triple Jump	M80		T22		7	Ben	Owen	35	200m	M35
F12		201	Ania	Ciolek	36	Triple Jump	W35		T22		12	Paul	Evans	40	200m	M40
F12		205	Margot	Griffiths	35	Triple Jump	W35		T22		13	Richard	Henry	41	200m	M40
F12		215	Emma	Jayne	40	Triple Jump	W40		T22		16	Paul	North	42	200m	M40
F12		219	Paula	Williams	44	Triple Jump	W40		T22		17	Robert	North	40	200m	M40
F12		227	Margaret	Pope	46	Triple Jump	W45		T23		74	Graham	Lamb	60	800m	M60
F12		229	Amanda	Wale	45	Triple Jump	W45		T23		100	Phil	Brennan	73	800m	M70
F12		240	Melanie	Garland	53	Triple Jump	W50		T23		111	Geoff	Hudson	77	800m	M75
F12		249	Jo	Willoughby	52	Triple Jump	W50		T24		2	Phil	Gould	38	800m	M35
F12		257	Janice	Pryce	56	Triple Jump	W55		T24		3	Scott	Green	37	800m	M35
F12		259	Julie	Wakelam	57	Triple Jump	W55		T24		27	Robert	Stewart	45	800m	M45
F12		272	Iris	Holder	75	Triple Jump	W75		T24		34	Brett	Davis	52	800m	M50
F12		280	Anne	Martin	80	Triple Jump	W80		T24		38	John	Knibb	51	800m	M50
F13		18	Daniel	Upton	40	Javelin Throw	M40		T24		40	Tim	Munnery	51	800m	M50
F13		44	Steve	Pomeroy	54	Javelin Throw	M50		T24		41	Russell	Parkin	53	800m	M50
F13		85	John	Blackwell	65	Javelin Throw	M65		T24		51	John	Donaldson	57	800m	M55
F13		86	Mike	Bourcier-M	67	Javelin Throw	M65		T24		54	Rob	Fox	56	800m	M55
F13		89	Barry	Hawkswort	69	Javelin Throw	M65		T25		261	Joan	Howe	61	800m	W60
F13		96	Bunt	Scott	65	Javelin Throw	M65		T25		266	Nancy	Hitchmough	66	800m	W65
F13		101	Peter	Daw	71	Javelin Throw	M70		T25		270	Ann	Gray	72	800m	W70
F13		102	David	Fall	71	Javelin Throw	M70		T26		206	Sara	Habib	36	800m	W35
F13		110	Victor	Adcock	78	Javelin Throw	M75		T26		213	Mel	Hepke	44	800m	W40
F13		112	John	Love	77	Javelin Throw	M75		T26		214	Emma	Hollinshead	44	800m	W40
F13		113	Price	David	75	Javelin Throw	M75		T26		217	Paula	Richardson	40	800m	W40
F13		123	Brian	Sumner	80	Javelin Throw	M80		T26		222	Rachel	Coupe	45	800m	W45
F14		18	Daniel	Upton	40	Discus Throw	M40		T26		225	Jacqueline	Kind	47	800m	W45
F14		30	Perriss	Wilkins	48	Discus Throw	M45		T26		237	Tracey	Bosworth	50	800m	W50
F14		32	Kevin	Brown	51	Discus Throw	M50		T26		242	Sue	Kneill-Boxle	50	800m	W50
F14		35	James	Gillespie	53	Discus Throw	M50		T27		8	Mark	Powell	37	5000m	M35
F14		44	Steve	Pomeroy	54	Discus Throw	M50		T27		19	Scott	West	40	5000m	M40
F14		72	Steve	Carr	62	Discus Throw	M60		T27		45	Anthony	Roper	52	5000m	M50
F14		76	Timothy	Needham	63	Discus Throw	M60		T27		54	Rob	Fox	56	5000m	M55
F14		85	John	Blackwell	65	Discus Throw	M65		T27		57	Peter	Knight	55	5000m	M55
F14		86	Mike	Bourcier-M	67	Discus Throw	M65		T27		87	Arthur	Daley	66	5000m	M65
F14		88	Julian	Grubb	68	Discus Throw	M65		T27		106	Roger	Wilson	74	5000m	M70
F14		89	Barry	Hawkswort	69	Discus Throw	M65		T27		200	Catherine	Charlton	37	5000m	W35
F14		91	Ron	Jones	65	Discus Throw	M65		T27		244	Sharon	Orridge	50	5000m	W50
F14		94	Bill	Renshaw	66	Discus Throw	M65		T28		4	Scott	Hazell	36	5000m	M35
F14		95	Dave	Russell	66	Discus Throw	M65		T28		10	Mark	Couldwell	41	5000m	M40
F14		96	Bunt	Scott	65	Discus Throw	M65		T28		14	Rob	Keal	42	5000m	M40
F15		104	Richard	Jegou	71	Discus Throw	M70		T28		22	Gordon	Lee	49	5000m	M45
F15		105	David	Peart	73	Discus Throw	M70		T28		25	Andy	Peet	47	5000m	M45
F15		112	John	Love	77	Discus Throw	M75		T28		37	Mick	Kingsbury	51	5000m	M50
F15		123	Brian	Sumner	80	Discus Throw	M80		T28		47	Paul	Whittingham	51	5000m	M50
F15		238	Jenny	Cooper	53	Discus Throw	W50		T28		61	Ged	Naylor	55	5000m	M55
F15		239	Lorna	Foster	53	Discus Throw	W50		T28		63	Rob	Sheen	55	5000m	M55
F15		250	Julie	Wilson	53	Discus Throw	W50		T28		90	David	Jones	66	5000m	M65
									T28		93	David	Oxland	65	5000m	M65

T29	400m	222	Coupe	Rachel	45	400m	W45	T34	1500m	100	Brennan	Phil	73	1500m	M70
T29		225	Kind	Jacqueline	47	400m	W45	T34		106	Wilson	Roger	74	1500m	M70
T29		226	Palmer	Fiona	48	400m	W45	T34		200	Charlton	Catherine	37	1500m	W35
T29		228	Ricci	Deborah	46	400m	W45	T34		206	Habib	Sara	36	1500m	W35
T29		237	Bosworth	Tracey	50	400m	W50	T34		217	Richardson	Paula	40	1500m	W40
T29		261	Howe	Joan	61	400m	W60	T34		225	Kind	Jacqueline	47	1500m	W45
T29		266	Hitchmough	Nancy	66	400m	W65	T34		235	Anthony	Christine	53	1500m	W50
T30		202	Cross	Ainslea	35	400m	W35	T34		243	McCarthy	Maureen	54	1500m	W50
T30		203	Dyall	Carolyn	38	400m	W35	T34		244	Orridge	Sharon	50	1500m	W50
T30		204	Griffiths	Margot	35	400m	W35	T34		261	Howe	Joan	61	1500m	W60
T30		206	Habib	Sara	36	400m	W35	T34		270	Gray	Ann	72	1500m	W70
T30		211	Dixon	Adele	43	400m	W40	T34		280	Martin	Anne	80	1500m	W80
T30		214	Hollinshead	Emma	44	400m	W40	T35		2	Gould	Phil	38	1500m	M35
T31		53	Edwards	Paul	57	400m	M55	T35		3	Green	Scott	37	1500m	M35
T31		59	McDonald	Carlton	55	400m	M55	T35		23	Lester	Paul	45	1500m	M45
T31		62	Robbins	Kirtley	55	400m	M55	T35		27	Stewart	Robert	45	1500m	M45
T31		66	White	Richard	56	400m	M55	T35		38	Knibb	John	51	1500m	M50
T31		71	Broadhurst	Ian	61	400m	M60	T35		41	Parkin	Russell	53	1500m	M50
T31		101	Daw	Peter	71	400m	M70	T35		54	Fox	Rob	56	1500m	M55
T31		111	Hudson	Geoff	77	400m	M75	T35		56	Jones	Bernie	57	1500m	M55
T32		34	Davis	Brett	52	400m	M50	T35		57	Knight	Peter	55	1500m	M55
T32		36	Holliday	Chris	50	400m	M50	T35		63	Sheen	Rob	55	1500m	M55
T32		39	Langham	Graham	51	400m	M50	T35		90	Jones	David	66	1500m	M65
T32		40	Munnery	Tim	51	400m	M50	T35		93	Oxland	David	65	1500m	M65
T32		43	Pigott	Darryl	50	400m	M50								
T32		46	Ttereve	Paul	53	400m	M50								
T33		2	Gould	Phil	38	400m	M35		Number in RED indicates GUEST						
T33		6	Marshall	Stewart	35	400m	M35								
T33		13	Henry	Richard	41	400m	M40								
T33		15	Lok	Keith	41	400m	M40								
T33		20	Bowers	Richard	47	400m	M45								
T33		21	Houchin	Richard	45	400m	M45								