

| MIDLAND MASTERS AC OPEN RELAYS |                         |     |                      |    |       |                    |    |       |       | Held on Sunday 17th April 2016 at Hicks Lodge, Swadlincote 3 Mile Leg |      |       |       |                   |       |       |  |       |      |
|--------------------------------|-------------------------|-----|----------------------|----|-------|--------------------|----|-------|-------|-----------------------------------------------------------------------|------|-------|-------|-------------------|-------|-------|--|-------|------|
| Posn                           |                         |     |                      |    |       |                    |    |       |       | Indiv                                                                 | Time |       |       | Indiv             | Time  |       |  | Indiv | Time |
| 1                              | Telford AC              | M35 | Chris Bagshaw        | 3  | 16.33 | Chris Davies       | 1  | 15.33 | 32.06 | Christian Evans                                                       | 1    | 16.27 | 48.33 | John Bowie        | 15.40 | 64.13 |  |       |      |
| 2                              | Leicester Corinthians   | M35 | Gordon Lee           | 1  | 15.54 | Chris Southam      | 2  | 16.48 | 32.42 | Gareth Deacon                                                         | 2    | 17.00 | 49.42 | Mark Powell       | 15.42 | 65.24 |  |       |      |
| 3                              | Owls AC                 | M35 | Nick Bott            | 6  | 17.15 | Mark Lambell       | 3  | 16.29 | 33.44 | Craig Twigg                                                           | 3    | 17.15 | 50.59 | Scott Green       | 16.51 | 67.50 |  |       |      |
| 4                              | Charnwood AC            | M35 | Tim Doran            | 4  | 16.38 | Mark Makin         | 4  | 17.11 | 33.49 | Jake Smith                                                            | 5    | 19.27 | 53.16 | David Locker      | 17.49 | 71.05 |  |       |      |
| 5                              | Long Eaton RC           | M35 | Ian Chant            | 9  | 17.43 | Alan Maplethorpe   | 9  | 19.08 | 36.51 | Mark Lay                                                              | 10   | 19.22 | 56.13 | Robert Fox        | 18.06 | 74.19 |  |       |      |
| 6                              | Ripley RC               | M35 | Dean Taylor          | 8  | 17.23 | Wayne Smithurst    | 13 | 20.58 | 38.21 | Geoff Cooper                                                          | 13   | 20.29 | 58.50 | Mick Wareham      | 19.23 | 78.13 |  |       |      |
| dnf                            | Redhill RC              | M35 | Kevin Dickinson      | 19 | 20.50 |                    |    |       |       |                                                                       |      |       |       |                   |       |       |  |       |      |
| 1                              | Charnwood AC            | M45 | James Douglas        | 2  | 16.16 | Derek Guess        | 6  | 18.50 | 35.06 | Garry Burnett                                                         | 4    | 16.36 | 51.42 | Michael Kingsbury | 17.05 | 68.47 |  |       |      |
| 2                              | Telford AC              | M45 | Mark Mountford       | 11 | 18.28 | Paul Williams      | 10 | 18.55 | 37.23 | John Sanders                                                          | 7    | 17.32 | 54.55 | Paul Ward         | 15.38 | 70.33 |  |       |      |
| 3                              | Redhill RR              | M45 | Simon Nash           | 10 | 17.47 | Gary McMahon       | 8  | 19.03 | 36.50 | Clive Greyson                                                         | 11   | 19.25 | 56.15 | Paul Newton       | 17.07 | 73.22 |  |       |      |
| 4                              | Wolverhampton & Bilston | M45 | Dave Smith           | 5  | 16.43 | Jason Corns        | 5  | 17.57 | 34.40 | Lionel Spittle                                                        | 8    | 20.17 | 54.57 | Darren Edwards    | 18.51 | 73.48 |  |       |      |
| 5                              | Birchfield H            | M45 | Stephen McCann       | 15 | 19.27 | Christopher Collis | 11 | 18.08 | 37.35 | Mike Morley                                                           | 6    | 16.55 | 54.30 | Andrew Moseley    | 20.15 | 74.45 |  |       |      |
| 6                              | Sparkhill RR            | M45 | Nick Stringer        | 12 | 18.37 | Darren Riley       | 12 | 19.03 | 37.40 | Andy Carroll                                                          | 14   | 21.20 | 59.00 | Graham Hygate     | 25.13 | 84.13 |  |       |      |
| 1                              | Charnwood AC            | M55 | Stephen mellors      | 18 | 20.19 | Mark Whitmore      | 15 | 19.54 | 40.13 | Paul Leaney                                                           | 15   | 20.46 | 60.59 |                   |       |       |  |       |      |
| 2                              | Sparkhill H             | M55 | Mark Arnold          | 24 | 23.35 | Tahir Akhtar       | 20 | 19.59 | 43.34 | Robert Mills                                                          | 17   | 20.22 | 63.56 |                   |       |       |  |       |      |
| 3                              | Long Eaton RC           | M55 | Paul Burchell        | 20 | 20.56 | Colin Bostock      | 22 | 24.36 | 45.32 | Paul Stevenson                                                        | 20   | 23.17 | 68.49 |                   |       |       |  |       |      |
| 4                              | Sparkhill H             | M65 | Anthony Edwards      | 23 | 22.07 | Mark Millicheap    | 24 | 24.15 | 46.22 | Barr Crowley                                                          | 22   | 23.10 | 69.32 |                   |       |       |  |       |      |
| 1                              | Telford AC              | W35 | Claire Martin        | 7  | 17.15 | Michelle Clarke    | 7  | 18.44 | 35.59 | Lucie Tait-Harris                                                     | 9    | 19.03 | 55.02 |                   |       |       |  |       |      |
| 2                              | Cheadle RC              | W35 | Sharleen Hollinshead | 14 | 18.50 | Ruth Watchorn-Rice | 14 | 20.09 | 38.59 | Amanda Davies                                                         | 12   | 19.20 | 58.19 |                   |       |       |  |       |      |
| 3                              | Ripley RC               | W35 | Cathy Cresswell      | 21 | 21.12 | Jayne Fitzpatrick  | 21 | 22.37 | 43.49 | Ester Broughton                                                       | 18   | 20.28 | 64.17 |                   |       |       |  |       |      |
| 4                              | Sparkhill H             | W35 | Jane Bartholomew     | 17 | 19.41 | Clare Bevil        | 18 | 23.27 | 43.08 | Marisha Parnar                                                        | 21   | 26.24 | 69.32 |                   |       |       |  |       |      |
| dnf                            | Redhill RC              | W35 | Nicola Hubbard       | 22 | 21.21 | Allison Raynor     | 19 | 22.05 | 43.26 |                                                                       |      |       |       |                   |       |       |  |       |      |
| 1                              | Telford AC              | W45 | Rachel Coupe         | 16 | 19.35 | Julie Kirby        | 17 | 21.49 | 41.24 | Denise Sanders                                                        | 16   | 21.01 | 62.25 |                   |       |       |  |       |      |
| 2                              | Cannock & Staffs        | W45 | Tracey Bosworth      | 25 | 24.11 | Christine Kilkenny | 23 | 22.08 | 46.19 | Sue Kneill-Boxley                                                     | 19   | 21.59 | 68.18 |                   |       |       |  |       |      |
| 1                              | Composite B             |     | Nicola Long          | 26 | 31.25 | Andrew Robinson    | 25 | 17.41 | 49.06 | Adrian Lloyd                                                          | 23   | 24.27 | 73.33 |                   |       |       |  |       |      |
| 2                              | Composite A             |     | David Oxland         | 13 | 18.42 | Graham Lamb        | 16 | 22.21 | 41.03 | Jill Lamb                                                             | 24   | 50.09 | 91.12 |                   |       |       |  |       |      |