



MIDLAND MASTERS A.C

**To be held from Aldersley Stadium, Aldersley Road
Wolverhampton WV6 9NW
With thanks to Wolverhampton & Bilston AC**

**Entries close 9th January
Entry Fee £9 No entries on the day
Numbers and Age Identifiers are collected on the day.
Registration from 10.30 am**

**Individual Awards in 5yr Ages
Team awards – 8k: M35 – 44 (4 to count), M45 – 54; M55 – 64 (3 to count)
6k: M65+, W35 – 44; W45 – 54; W55+ (3 to count)
Age on the day.**

**Please send your completed entry form enclosing entry fee payable to MMAC to;
MMAC XC, Rainbow Cottage, 15 Meadow Lane, Alvechurch, Worcs B48 7LH**

MMAC XC Championships.

**11.30am 17th JANUARY 2016
At Wolverhampton**

SURNAME M / F

OTHER NAMESTel No

ADDRESS

.....Email

Date of Birth Age on the day

UKA Club MMAC No.....

Fee enclosed

I declare that I am fit to enter the event as chosen above. I understand that I run at my own risk and that the organisers will in no way be held responsible for injury, accident, damage or loss incurred.

Signed Date