



Centurion Grand Prix Series 2016/17

**A six month series of races on Sundays:
Nov. 6th Dec. 4th Jan. 8th Feb. 5th Mar. 5th Apr 2nd**

**John Henry Newman Catholic College, Chelmsley Road, North Solihull,
Birmingham B37 5GA**

2K Fun Run (10-30am start) 5 Mile Race (11-00am start)

**Cash prizes (5 mile): 1st 4 male & female and 1st 3 in age category
Series Awards - Best 4 results to count
Certificates for all 2k runners**

**Lots of spot prizes Commemorative memento for participating on 4 or more races
(helpers and marshals included)**

**Run on footpaths through flat (traffic free) parkland
Ample parking, changing, showers and refreshments**

Age category prize rota (age on Nov 1st will apply for series awards)

Nov. O/40 U/21	Dec. O/50 U/19	Jan. O/60 U/17
Feb. O/40 U/21	Mar. O/45 U/19	Apr. O/55 U/17

Entry Fees:

**5 mile: £5 (£6 on the day) £7 (£8 on the day) for unattached runners
Series: £25 (£30 for unattached runners)
2k: £2-50 (£10 series)**

**Entries to: Janet Walker, 111, Cooks Lane, Kingshurst, Birmingham B37 6NU
Tel: 0121 603 2795**

UKA rules apply (permit applied for)

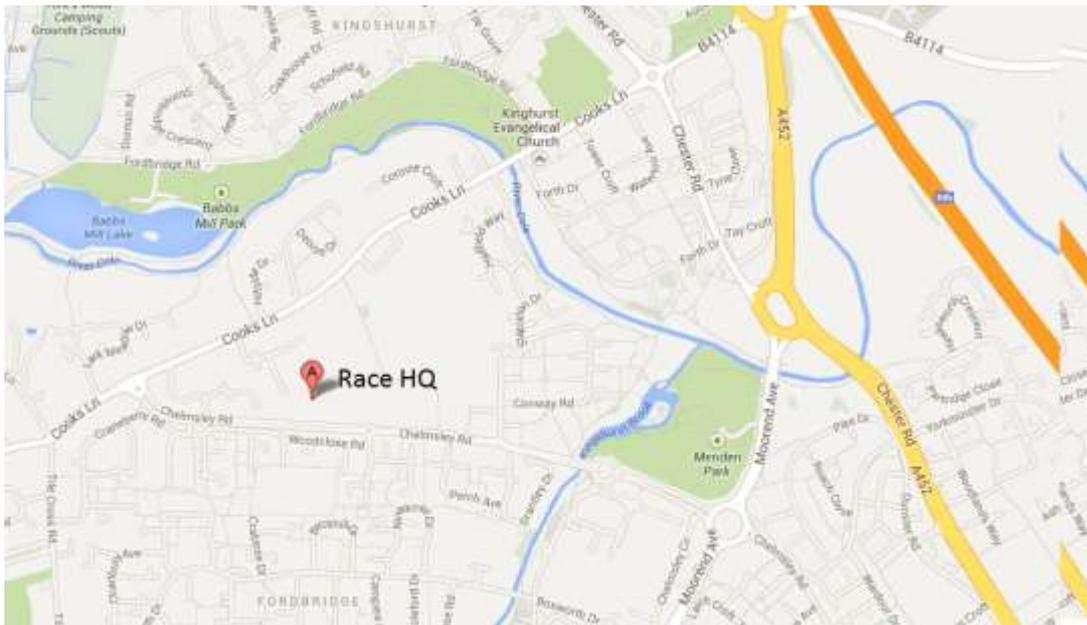
Runners in 5 mile race must be over 15 yrs. Runners must not wear any form of headset.

News and Results: www.centurions.org.uk

Centurion Running Club is a friendly club open to all and caters for runners of all abilities and ages.
We meet at North Solihull Sports Centre, Chelmsley Road, Chelmsley Wood,
every Tuesday and Thursday at 7.00pm. (Beginners and juniors start at 6.00pm).

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Forename: _____ Surname: _____ Sex (M/F): _____

Address: _____

Post Code: _____

Tel: _____ Affiliated Club / School: _____

Date of Birth: ____ / ____ / ____

Age on 1/11/16 (for series): _____ years

Races entered (tick boxes)

Boxes for official use only

	NOV	DEC	JAN	FEB	MAR	APR	SERIES
5 Mile							
2 K							

Midland Masters Handicap Entry (tick box)

Include entry into Midland Masters 5m Handicap Race (Colin Simpson Memorial) as part of February GP race. This year the handicap is open to any masters age athlete (35 or over,) and is included within the GP entry fee. Entries close 27th January. No Handicap entries on the day. Please complete: Age on 5/2/17: Best performance at or near 5M in last 12 months – Distance: Time:

Entry fee enclosed: £ _____ (cheques made payable to Centurion Running Club)

I declare that I am an amateur as defined by UK Athletics and will abide by their rules. I confirm that I am medically fit and will run entirely at my own risk. I understand that the race organisers will not accept any responsibility for any injury, loss or damage as a result of my participation in this event.

Signed: _____ Date: ____ / ____ / ____

Signature of parent / guardian (for those under 16 years of age):
