

MEN'S AND OVER ALL RESULTS

Score			304		315		62		0		25		282		15		95		243		212	
Event	Age	EVAC(A)	2	MMAC(B)	1	VAA-NE(C)	7	NIMAA(D)		SVHC(E)	8=		SCVAC(F)	3	SWVAC(G)	8=	VAC(H)	6	WMAA(J)	4	NVAC(K)	5
80m H	W35	Gaye Clarke 13.9	7	Louise Oliver 14.9	6								Kay Reynolds 12.1	10					Amanda Wale 13.1	8	Wendy Laing 13.0	9
1500m	W35			Michelle Houghton 5-15.3	9					Lynn Marr 6-14.2	7								Maria Zubizarreta 5-24.1	8	Sue Samme 5-10.7	10
1500m	W50	Sue Arden 5-33.9	9	Karen Brooks 5-25.8	10	M. Loraine 5-40.8	8						Pat Halstead 5-44.3	7			Carole Wisdom 7-03.9	4	Maureen Emmett 5-58.9	6	Barbara Rusling 6-07.0	5
400m	W35	Alison Switchen 63.0	8	Fiona Palmer 61.7	10					Sharyn Ramage 75.6	5		Michelle Wakefield 69.3	7					Amanda Wale 61.9	9	Kathy Winrow 73.7	6
400m	W50	Joan Lazenby 70.5	9	Susan Frisby 73.4	7								Lynn Talbert 67.2	10	L.Wright 84.2	6	Anna Garnier 71.9	8	Gwenno Williams 94.0	5		
400m	W60	Dot Fraser 88.8	8	Nancy Hitchmough 73.9	9												Brenda Fee 73.4	10	Ann James 89.2	7		
2K Walk	W35	Helen Middleton 11-04.5	10	Fiona Meldrum 14-57.9	9																	
2K Walk	W50	Cath Duhig 12-31.8	9	Ann Wheeler 10-47.7	10														Gwenno Williams 14-23.8	8		
100m	W35	Jo Winfield 13.9	6	Valerie Williams 13.2	8								Kay Reynolds 13.1	10					Lolita Byfield-More 13.1	9	Samantha England 13.8	7
100m	W50	Chris Salverly 15.8	5	Polly Gerner 15.0	8	A.Kelly 14.7	9						Sue Dassie 15.1	7			Joan Trimble 14.4	10	Eirian Arwyn 21.50	4	Ilse Hemming 15.1	6
100m	W60	Dot Fraser 17.9	7	Sally Line 15.8	8								Emily McMahon 15.7	9				Brenda Fee 15.3	10			
800m	W35	Jo Winfield 2-26.1	10	Lesley Willis 2-39.3	8					Sharyn Ramage 2-45.5	7		Penny Barber 3-07.9	5					Jenny Phillips 2-33.5	9	Cathy Winrow 2-49.9	6
800m	W50	Joan Lasenby 2-40.5	10	Karen Brooks 2-46.7	8	Maggie Loraine 2-47.6	7						J. Saunders-Mullins 2-42.8	9			Carole Wisdom 3-32.6	4	Maureen Emmett 2-55.2	6	Barbara Rusling 3-05.5	5
800m	W60	Iris Hornsey 3-29.5	7	Nancy Hitchmough 2-46.2	10														Pat Gallagher 2-49.6	9	Lou Lyness 2-55.2	8
200m	W35	Anita Sampson 29.3	9	Judy Thomas 29.3	8								Michelle Wakefield 29.6	7					Lolita Byfield-More 28.1	10		
200m	W50	Chris Salverly 33.6	5	Jane Horder 28.5	10	Angela G48Kelly 30.3	8						Lynn Talbot 31.6	7			Joan Trimble 30.2	9	Jane Goode 41.9	4	Averil McClelland 32.6	6
3000m	W35	Jo Winfield 12-05.9	8	Jane Pidgeon 10-55.4	10					Lynn Marr 13-03.5	6								Satu Haikala 11-23.3	9	Tracy Gibson 12-17.2	7
3000m	W50	Jo Lasenby 11-32.3	10			Maggie Loraine 12-24.0	8						Pat Halstead 12-42.1	7	L.Wright 13-37.7	4	Anna Garnier 11-46.2	9	Edwina Turner 13-18.8	5	Barbara Rusling 12-58.0	6
3000m	W60	Betty Stracey 16-03.6	7	Angela Copson 11-49.2	10														Ann James 13-53.2	8	Lou Lyness 11-56.6	9
Medley Relay	W35	4-36.7	9	4-40.0	8								5-20.9	7					4-33.2	10	5-30.5	6
	W50	5-36.1	7	5-01.4	10								5-06.2	9			5-22.6	8	5-55.3	6		
	W60	7-08.1	9	5-32.6	10																	

MEN'S AND OVER ALL RESULTS

Score			304		315		62		0		25		282		15		95		243		212	
Event	Age	EVAC(A)	2	MMAC(B)	1	VAA-NE(C)	7	NIMAA(D)		SVHC(E)	8=		SCVAC(F)	3	SWVAC(G)	8=	VAC(H)	6	WMAA(J)	4	NVAC(K)	5
Pole Vault	W35	Gaye Clarke 1m 40	9										Kay Reynolds 1m 80	10								
Pole Vault	W50												Sue Yeomans 2m 70	10						Jennifer Ibbitson 2m 60	9	
Shot	W50	Shirley Quinn 8m 34	7	Debbie Murch 9m 72	8	Angela Kelly 5m 86	4						Wilma Thompson 10m 43	10			Fiona Argent 6m 78	5	Eirian Arwin 7m 29	6	Hazel Barker 10m 13	9
Shot	W35	E. Beales 10m 69	10	Jennie Cooper 7m 78	6								Sue Lawrence 10m 12	9					Cath Alford 8m 97	7	W.Laing 9m 40	8
Hammer	W50	Shirley Quinn 34m 33	9	Pat Higgins 27m 46	7								Wendy Dunsford 33m 85	8	Maggie Loraine 11m 01	5			Eirian Arwyn 20m 72	6	Jennifer Ibbitson 37m 40	10
Long Jump	W35	Charmaine johnson 4m 39	6	Louise Oliver 4m 67	8								Imeta Barauskiene 4m 93	10					Ruth Jansen 4m 69	9	Wendy Laing 4m 67	7
Long Jump	W50	Chris Salvery 3m 47	7	Elaine Restorick 3m 79	8	Angela Kelly 3m 29	6						Sue Yeomans 4m 02	10			Fiona Argent 3m 21	5			Ilse Hemming 3m 93	9
Long Jump	W60	Iris Hornsey 2m 60	8	Sally Hines 3m 41	10								Pat Oakes 2m 84	9					Helen Cole 1m 48	7		
Shot	W60	Anthea Bramford 6m 55	8	Rosemary Chrimes 9m 07	10								Liz Sissons 8m 97	9					Helen Cole 6m 00	7		
Discus	W35	Emma Beales 42m 31	10	Jenny Cooper 31m 55	8								Sue Lawrence 32m 25	9					Cathy Alford 25m 19	7	Wendy Laing 20m 77	6
Discus	W50	Shirley Quinn 30m 85	10	Julie Wakelam 21m 68	7	Angela Kelly 8m 98	5						Wilma Thompson 23m 65	8					Eirian Arwyn 18m 73	6	Jennifer Ibbitson 27m 77	9
High Jump	W35	Charmaine Johnson 1m 40	7	Judith Buckley 1m 35	6								Imeta Barauskiene 1m 45	9					Ruth Jansen 1m 45	8	Wendy Laing 1m 50	10
High Jump	W50	Chris Salvery 1m 00	6	Susan Frisby 1m 35	10								Sue Yeomans 1m 20	8			Fiona Argent 1m 10	7	Eirian Arwyn 1m 00	5	Hazel Barker 1m 35	9
High Jump	W60	Dot Fraser .99m	8	Rosemary Chrimes 1m 11	9								Emily McMahan 1m 23	10								
Triple Jump	W35	Gaye Clarke 8m 42	7	Louise Oliver 9m 34	9								Imeta Barauskiene 10m 60	10					Jo Davis 7m 53	6	Wendy Laing 9m 23	8
Triple Jump	W50	Chris Salvery 6m 87	7	Elaine Restorick 7m 29	8								Sue Yeomans 8m 45	10					Eirian Arwyn 6m 14	6	Ilse Hemming 7m 98	9
Javelin	W35	Charmaine Johnson 24m 99	6	Karen Addis 26m 07	7								Sue Lawrence 28m 29	9					Jo Davis 29m 77	10	Wendy Laing 28m 27	8
Javelin	W60	Anthea Bramford 11m 56	8	Viv Kirkland 11m 30	7								Liz Sissons 26m 00	10					Helen Cole 13m 63	9		
Amended 19/08/2010																						

MEN'S AND OVER ALL RESULTS

Score	MEN		295		406.5		155.5		15		109		410		106		162		324		270
	WOMEN		304		315		62		0		25		272		25		95		243		212
Event	Age	EVAC(A)	599	MMAC(B)	721.5	VAA-NE(C)	217.5	NIMAA(D)	15	SVHC(E)	134	SCVAC(F)	682	SWVAC(G)	131	VAC(H)	257	WMAA(I)	567	NVAC(K)	482
110mH	M35	Des Wilkinson 18.5	8	Adam Young 17.0	9							Peter Davey 16.3	10								
100m H	M50	Tennynson James 15.5	10	Paul Edwards 15.6	9					A.Dunlop 23.3	7	Duncan Talbot 19.8	8							Simon Pugh 23.3	6
1500m	M35	Malcolm Tuff 4-29.7	8	Phil Clamp 4-19.7	9	L.Henry 5-32.8	3					Adrian Haines 4-16.0	10	F.Young 4-57.3	5	Robert Peers 5-18.8	4	Nick Dukes 4-30.1	7	Steve Doxey 4-53.9	6
1500m	M50	Jim McMahon 4-28.0	9	Malcolm Eustace 4-26.8	10					A.Jenkins 5-05.8	6	Dave Wilcock 4-42.3	8	Jeremy Hogan 4-44.4	7	Mike Elwell 5-55.9	3	Huw Roberts 5-07.7	5	Simon Pugh 5-36.5	4
1500m	M60			Mick Smedley 5-44.4	7	Arthur Potter 6-33.1	5					John Denyer 5-23.4	9	Ian Snow 4-57.6	10	Walter Wessely 5-46.4	6	Mike Davies 5-25.7	8		
400m	M35	Peter Benedickter 54.10	8	Richard Rubenis 51.70	9	P.McCluskey 59.70	5					Peter Davey 55.60	7			Mike May 67.70	4	Craig Russell 56.50	6	Bernard Ward 50.70	10
400m	M50	Ivars Licictis 56.0.	9	Paul Edwards 57.60	6					A.Dunlop 60.60	4	Tom Phillips 56.50	8	M.Cowton 57.80	7	Phil Bell 62.90	3	Ian Broadhurst 57.90	5	Jeff Batista 55.10	10
400m	M60	Tony Wells 61.6	8	Loz Oldfield 61.0.	10	C.Foote-Wood 1-45.5	4					Mike Dixon 67.8	5			Derek Wardle 61.3	9	Brian Williamson 63.7	7	Rod Scholes 66.2	6
400m	M70	Charles Avis 97.5	5	A.N.Other 76.6	7	D.Butler 69.4	10					John Seymour 79.0.	6					Len Tew 73.5	9	Tony Bowman 75.7	8
100m	M35	Lance Croft 13.2	4	Martin White 11.70	9	P.McCluskey 13.3	3					Peter Davey 12.2	7	I.Qazi 11.80	8	Robert Allen 12.6	6	Steve Spire 12.70	5	Bernard Ward 11.5	10
100m	M50	Jim Keely 14.2	3	Clement Bartley 12.6.	8					R.Douglas 13.6	5	Tom Phillips 14.1	4	M.Lapka 13.1.	7	John Browne 12.5	9	Paul Bevan 13.1	6	Steve Peters 12.0.	10
100m	M60	Courtney Gunn 13.5	10	Dave Cowley 14.1	6	C.Foote-Wood 20.5.	4					Geoff Kitchener 13.6	9			Derek Wardle 13.7.	7	Brian Williamson 13.6.	8	Rod Scholes 16.2	5
100m	M70	Charles Avis 19.0.	5	Alan Mellett 15.1.	9	D.Butler 14.5.	10					Roger Bruck 16.0.	7					Herbert Daniels 17.9.	6	Tony Bowman 15.2	8
800m	M35	Malcolm Tuff 2-14.0	7	Robert Andrew 2-00.4	10	L.Henry 2-39.0	4					Peter Davey 2-31.1	6			Robert Peers 2-36.7	5	Sean Price 2-12.0	8	Bernard Ward 2-00.5	9
800m	M50	Ivars Licietis 2-17.0	9	Dave Oxland 2-18.0	7					A.Dunlop 2-17.2	8	Dave Wilcock 2-14.8	10	M.Cowton 2-23.0	5	Mike Elwell 3-00.9	3	Paul Bevan 2-20.5	6	Simon Pugh 2-36.1	4
800m	M60			Bruce Hendrie 2-35.1	9	Arthur Potter 3-22.2	4					Mike Dixon 2-36.1	8	Ian Snow 2-27.6	10	Walter Wessely 2-51.3	5	Mel James 2-50.0	6	Rod Scholes 2-42.4	7
800m	M70					P.Donaghy 2-56.3	8					Arthur Kimber 3-00.2	7					Len Tew 2-54.2	9	Barry Swindells 2-47.3	10
200m	M35	Peter Bendicker 24.5.	8	Jim Tipper 23.0.	10	L.Henry 27.8.	4							I.Qasi 24.2.	9	Robert Allen 25.9.	6	Craig Russell 25.3.	7	Paul Rudkin 26.4.	5
200m	M50	Tennynson James 25.1	9	Clement Bartley 25.8	6					R.Douglas 27.3	4	Alistair Duncan 25.2	8	I.Wright 34.2	3	John Browne 25.7	7	Ian Broadhurst 25.9	5	Steve Peters 23.7	10
200m	M60	Ian Foster 31.3	5	Loz Oldfield 27.7	8	C.Foote-Wood 45.9	4					Geoff Kitchener 27.3	10			Derek Wardle 27.6	9	Brian Williamson 27.9	7	Bob Shaw 30.3	6
2K Walk	M35			Mark Williams 9-10.4	10					A. Dunlop 11-20.7	9	Gary McDonald 11-44.7	8			Mike May 15-47.1	6	Steve Walker 12-51.3	7	Paul Rudkin 19-42.1	5
2K Walk	M50			Eric Horwill 13-58.9	9					H.Bartl 14-15.5	7	Nick Silvester 9-25.4	10			Mike Elwell 20-19.9	6	Howard Brown 14-00.3	8		
2K Walk	M60			Peter Boszko 10-34.0	10	C.Foote-Wood 15-11.3	6	Norbert Will 13-17.1	7	Mike Clerihew 15-42.5	5					Peter Hannell 11-12.8	9	Ken Bobbett 11-30.8	8		
3000m	M35	Malcolm Tuff 9-58.2	6	Gordon Lee 8-49.6	10			Stephen McGrory 9-27.2	8			Ian Johnston 9-15.4	9	F.Young 10-40.5	4			Phil Cook 9-34.7	7	Steve Doxey 10-27.1	5
3000m	M50	Jim McMahon 9-29.4	9	Andrew Wetherill 9-26.3	10					Archie Jenkins 11-23.4	4	Steve Connolly 11-02.5	7	I.Wright 11-07.5	6	Mike Elwell 12-56.1	3	Scott Howells 10-22.3	8	Rob Banner 11-15.6	5
3000m	M60			Gordon Orme 11-28.1	8	A.Potter 14-19.5	4					John Denyer 11-43.6	7	Ian Snow 11-19.5	9	Walter Wessely 12-47.1	6	Sandy Johnston 10-53.7	10	Rod Scholes 12-47.7	5
3000m	M70			Les Green 18-20.4	6	R.Checkley 14-30.0	8					R.Pitcain-Knowles 15-20.3	7					Eric Hughes 13-23.4	9	Fred Gibbs 11-48.6	10

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Score	MEN		295		406.5		155.5		15		109		410		106		162		324		270
	WOMEN		304		315		62		0		25		272		25		95		243		212
Event	Age	EVAC(A)	599	MMAC(B)	721.5	VAA-NE(C)	217.5	NIMAA(D)	15	SVHC(E)	134	SCVAC(F)	682	SWVAC(G)	131	VAC(H)	257	WMAA(I)	567	NVAC(K)	482
Medley Relay	M35 M50 M60 M70	4-04.4 4-17.3	8 10	3-49.4 4-21.4 4-46.8	10 8 10							4-45.6 4-54.4 6-13.7	6 8 9			4-40.1	7	4-01.0 4-23.6 4-50.0 5-47.7	9 7 9 10	4-21.0 5-16.7	9 7
Discus	M35	Simon Achurch 36m 37	8									Mark Wiseman 52m 06	10			Robert Allen 22m 32	6	Andy Turner 36m 74	9	John Twiddle 33m 04	8
Discus	M60	Phil Bramford 37m 67	8	Ian Bowles 34m 39	7	Geo Routledge 19m 03	4			Mike Clerihew 32m 30	6	Tony Richards 42m 23	10			Brian Harlack 31m 83	5			Bill Renshaw 40m 19	9
Long Jump	M35			Donovan Davenport 6m 05	8	P.McCluskey 3m 89	7					Neil Lincoln 6m 08	9					Andrew Thomas 6m 47	10		
Long Jump	M50	Tenny James 4m 89	6	Albert Earle 5m 01	7	J.Birkett 3m 46	4			Harald Bartl 4m 63	5	Trevor Wade 5m 32	10	Mario Lapka 5m 17	8			John Davies 3m 45	3	Jeff Battista 5m 31	9
Pole Vault	M35	Simon Eastwood 3m 60	9	Gordon Showell 3m 70	10							John Andrews 3m 50	8			Robert Peers 2m 50	6	Keith Powell 2m 80	7		
Pole Vault	M50	Tenny James 2m 50	8	John Bradley 2m 80	10							Alan Leiper 2m 60	9								
Pole Vault	M60			Dave Cowley 2m 40	10							Mike Dixon 2m 30	9			Brian Harlack 2m 00	9				
Shot	M60	Phil Bramford 10m 06	8	Ian Bowles 9m 23	7	George Routledge 7m 04	4			Mike Clerihew 8m 49	6	Tony Richards 11m 97	10					Paul Brooks 7m 95	5	Bill Renshaw 10m 08	9
Shot	M70	Ian Miller 11m 32	10	Mike Jones 10m 11	8	R.Checkley 5m 75	6					Colin Brand 10m 32	9					Brian Webb 7m 90	7		
Javelin	M35	Simon Achurch 50m 27	9	Jamie Wilkinson 50m 16	8	P.McCluskey 27m 48	5					Trevor Ratcliffe 52m 84	10			Mike May 6m 42	4	John Powell 43m 95	7	Andrew England 42m 65	6
Javelin	M50	Ian Stephenson 38m 18	8	Kevin Murch 56m 17	10	Steve Close 26m 33	5			H.Bartl 30m 15	6	Steve Langdon 47m 49	9					Martyn Thomas 30m 71	7	Steve Peters 8m 79	4
High Jump	M35	Simon Eastwood 1m 50	7	Adam Young 1m 78	9							Peter Davey 1m 70	8			Robert Peers 1m 40	5	Steve Spiers 1m 45	6	Andrew England 1m 78	10
High Jump	M50	Tenny James 1m 20	6			Steve Close 1m 35	8			H.Bartl 1m 45	9	Thomas Endrody 1m 65	10							Jeff Batista 1m 25	7
High Jump	M70			Tony Croker 1m 30	9.5.	D.Butler 1m 30	9.5.					Roger Bruck 1m 25	8					Trefor Pugh 1m 10	7		
Triple Jump	M35	Ed Jones 10m 16	7	Donovan Davenport 12m 70	10							Neil Lincoln 11m 99	9					Dave Shields 10m 03	6	Andrew England 11m 53	8
Triple Jump	M50	Tenny James 9m 83	7	Albert Earle 11m 50	10							Trevor Wade 10m 87	9	M.Lapka 10m 55	8						
Shot	M50	Graeme Packman 10m 26	8	Kevin Murch 10m 60	9	J.Birkett 9m 35	6			Bob Douglas 8m 46	4	Alan Leiper 13m 12	10					Phil Olsen 9m 94	7	Jeff Batista 8m 67	5
Shot	M35	Simon Achurch 12m 47	9	Adam Young 9m 23	6	L.Henry 8m 06	5					Mark Wiseman 15m 46	10			Robert Allen 7m 45	4	Andy Turner 12m 37	8	John Twiddle 12m 05	7
Hammer	M50	Graeme Packman 22m 64	6	Martin Roberts 48m 39	10	J.Birkett 19m 30	5			Bob Douglas 15m 84	4	Alan Leiper 37m 54	9					Phil Olsen 29m 50	7	Ian Cooley 32m 13	8
Long Jump	M60	Courtney Gunn 3m 73	6	Dave Cowley 4m 49	9	G.Routledge 2m 38	5			Mike Clerihew 4m 64	10	Les Wood 4m 14	7					Brian Williamson 4m 30	8		
Long Jump	M70	Charles Avis 2m 72	7	Tony Crocker 4m 14	10	P.Donaghy 2m 20	6					Rodger Bruck 3m 79	9					Trefor Pugh 3m 46	8		
FINAL POSITIONS		EVAC		MMAC		VAA-NE		NIMAA		SVHC		SCVAC		SWVAC		VAC		WMAA		NVAC	
MEN		4	295	2	406.5	7	155.5	10	15	8	109	1	410	9	106	6	162	3	324	5	270
WOMEN		2	304	1	315	7	62		0	8=	25	3	282	8=	15	6	95	4	243	5	212
TOTAL		3	599	1	721.5	7	217.5	10	15	8	134	2	692	9	121	6	257	4	567	5	482
Amended 19/08/2010																					